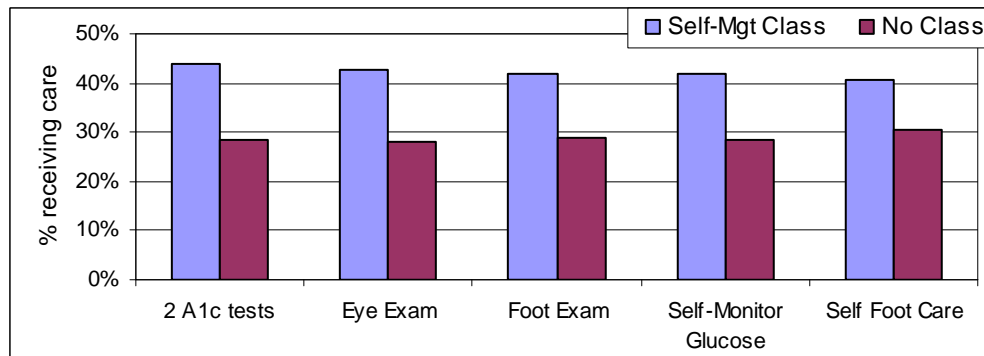


Diabetes Self-Management Education Works!

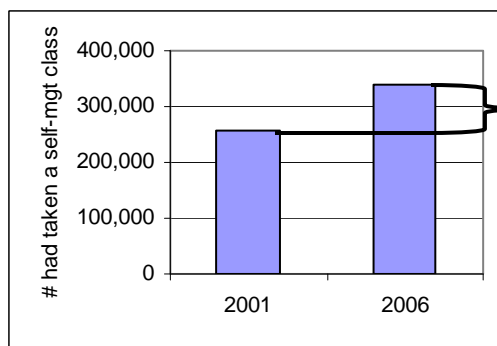
Education leads to appropriate care, which leads to a reduction in costly complications.

- ☞ People who have had self-management education **are 50% more likely** to seek recommended medical care and to engage in daily self-care activities.
- ☞ Additionally, people with diabetes who receive self-management education **are over 2 times more likely** to get all of their recommended medical care in a single year.



2005-2006 Michigan Behavioral Risk Factor Survey. Michigan Department of Community Health (MDCH).

State-Certified Diabetes Self-Management Education Programs are a Driving Force



The number of people in Michigan who have received Diabetes Self-Management Education (DSME) has increased by 83,100 people in the past 5 years.

2001-2006 Michigan Behavioral Risk Factor Survey. MDCH.

The Michigan Diabetes Prevention and Control Program certifies and supports 91 Diabetes Self-Management Education Programs statewide.

- ☞ From 2001 to 2006, these programs reached approximately 80,000 new people with diabetes.
- ☞ That means these programs are responsible for **educating over 90%** of people receiving Diabetes Self-Management Education in Michigan.