

ATTENTION!



PATIENTS WITH DIABETES

Please remove your shoes and socks or hose so your feet can be examined for the following:

- ◆ Skin color changes
- ◆ Swelling
- ◆ Sores
- ◆ Ingrown toenails
- ◆ Cracks/cuts

U.P. Diabetes Outreach Network
*Strengthening Diabetes Care & Prevention
in Upper Michigan since 1985*
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