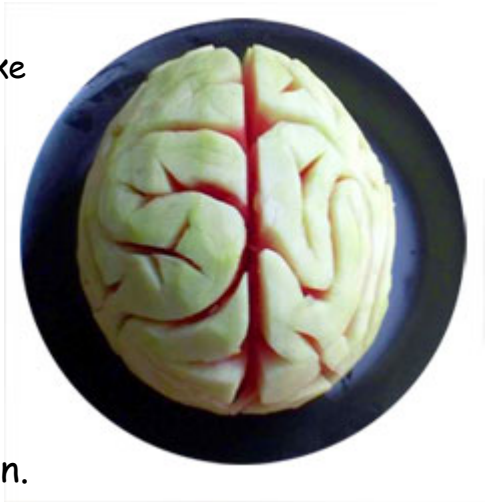


Watermelon Brain!

Items Needed: Watermelon, vegetable peeler, knives

A gross looking but healthy Halloween snack for adults to make for children to enjoy!



1. Purchase one medium sized watermelon.
2. Wash the outside and cut off a section of the bottom so it won't roll around.
3. Using a vegetable peeler, scrape off the green peel to reveal the "skull".
4. Score brain folds into the white rind of the watermelon.
5. With a sharp paring knife, carve out the deeper channels of the brain.
6. After everyone has had time to enjoy your artwork and has been sufficiently grossed out - use a large knife to cut the brain in half. Scoop out the (watermelon) flesh from the inside of the "skull" and enjoy!

Original "recipe" found on instructables.com
Other recipes were found on 365halloween.com

Veggie Skeletons

Serve veggies at your Halloween party but make them fun! Create a veggie skeleton by arranging cut up veggies and don't forget to be creative with the skull. Use a fat-free or low-fat dip in a custard cup like in the picture at the far right or offer hummus as a dip option instead.

