



East Central Diabetes Outreach Network Resource Directory 2006

411 East 3rd Street – Suite 2
Flint, Michigan 48503
Phone: 810-232-0522 Fax: 810-232-0533

Website: www.diabetesinmichigan.org

Email: ecdon@nkfm.org

PLEASE READ INTERNET CAUTIONS

The internet is a wonderful tool to find information regarding diabetes. However, this material is uncensored. Check for disclaimers when visiting web-sites.

Be careful when purchasing products. For example, purchasing insulin and having it shipped by conventional methods may expose it to extreme cold or heat.

Before changing medications or insulin, consult with your healthcare provider.

Be cautious of vitamins, minerals, herbs and alternative medicines. Discuss any new information or products with your healthcare provider before trying them. Some of these substances may actually worsen your condition.

Many of these web-sites offer products that may not be supported by the American Diabetes Association.

ECDON RESOURCE DIRECTORY

13 County Region

You may select your county for specific contact information in your area or you may search information by products and services offered in the ECDON region.

If you are aware of any resources that are not listed in this directory that you think would be helpful, please email ecdon@nkfm.org or call 810-232-05322 with your information.

YOUR INPUT IS WELCOMED AND APPRECIATED!!

Arenac

Bay

Clare

Genesee

Gladwin

Huron

Isabella

Lapeer

Midland

Saginaw

Sanilac

Shiawassee

Tuscola

Organizations

Products

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Diabetes and Children

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Organizations

Diabetes Educators by County

County	Address	Contact Person
ARENAC COUNTY	Standish Community Hospital Outpatient Diabetes Education Program 805 West Cedar P.O. Box 579 Standish, MI 48658	Jean Krawczak, RN, CDE Phone: 989-846-3430 Fax: 989-846-2436 <u>Support Group Contact:</u> Laverne Haas, RN, CDE 989-846-3420, ext. 126
BAY COUNTY	Bay Medical Center 820 S. Lincoln Bay City, MI 48708	Autumn Methner, RN, MSN, CDE Phone: 989-894-8628 Fax: 989-891-8165 <u>Support Group Contact:</u> Autumn Methner
GENESEE COUNTY	Hurley Medical Center 2700 Longway Blvd., Suite G Flint, MI 48503	Micki Juip, RN, CDE Phone: 810-239-0485 Fax: 810-235-2974 <u>Support Groups Contact:</u> Micki Juip
GLADWIN COUNTY	MRMC – Gladwin 455 South Quarter Street Gladwin, MI 48624	Julie Wright, RN, BSN Phone: 989-246-6232 Fax: 989-426-9139
HURON COUNTY	Scheurer Hospital 170 N. Caseville Road Pigeon, MI 48755	Brenda Kretzschmer, RNN, CDE Telephone: 989-453-7474 Fax: 989-453-7476 kretzscb@scheurer.org
HURON COUNTY	Huron Medical Center 1100 S. Van Dyke Road Bad Axe, MI 48413	Mary Catherine Messing, RN Telephone: 989-236-2882 Fax: 989-269-3885 mmessing@hurmem.com
ISABELLA COUNTY	Saginaw Chippewa Tribe Nimkee Memorial Wellness Center Diabetes Program 2591 South Leaton Road Mt. Pleasant, MI 48858	Tamara House, RN, CDE Telephone: 989-775-4612 Fax: 989-775-4659 Thouse@sagchip.org
ISABELLA COUNTY	Central Michigan Community Hospital 1221 South Drive Mt. Pleasant, MI 48858	Kathleen Merrill, RN, BS Telephone: 989-772-6757 Fax: 989-772-6813

SAGINAW COUNTY	St. Mary's of Michigan 800 South Washington Saginaw, MI 48601	Linda Bellinger, RN, BSN, CDE Telephone: 989-776-8575 Fax: 989-776-1932
SAGINAW COUNTY	Health Delivery, Inc. James Street Academic 1522 James Street Saginaw, MI 48601	Lisa Seman, RN Telephone: 989-755-0316 Fax: 989-755-0956
SAGINAW COUNTY	Covenant Health Care System Diabetes Self-Management Program 5400 Mackinaw Road, Suite B-500 Saginaw, MI 48604-9912	Telephone: 989-583-5190 Fax: 989-583-5226
SANILAC COUNTY	Deckerville Community Hospital 3559 Pine Street Deckerville, MI 48427	Telephone: 810-376-2835
SANILAC COUNTY	Marlette Community Hospital 3270 Wilson Street Marlette, MI 48453	Melanie Campbell, RN Telephone: 989-635-4348 Fax: 989-635-4056
TUSCOLA COUNTY	Hills & Dales General Hospital 4765 Hill Street Cass City, MI 48726	Ann Mitchell, RD Telephone: 989-872-2121 Fax: 989-872-5376

Organizations

Non-Profit and Government Agencies

Organization	Address	Phone	Website/Email
East Central Diabetes Outreach Network (ECDON)	411 East Third Street – Suite 2 Flint, MI 48502	810-232-0522 Fax: 810-232-0533	www.diabetesinmichigan.org www.ecdon@nkfm.org
American Association of Diabetes Educators	100 West Monroe St. Suite 400 Chicago, IL 60603	800-338-3633 Fax: 312-424-2427	www.aadenet.org aade@aadenet.org
American Diabetes Association (ADA)	ATTN: National Call Center 1701 N. Beauregard Alexandria, VA 22311	800-DIABETES	www.diabetes.org AskADA@diabetes.org
Centers for Disease Control	CDC-Division of Diabetes Translation P.O. Box 8728 Silver Spring, MD 20910	877-CDC-DIAB 877-232-3422 Fax: 301-562-1050	www.cdc.gov/diabetes diabetes@cdc.gov
Citizens for Better Care		800-284-0046	
Legal Hotline for Older Michiganians		800-347-5297	
Michigan Medicare/Medicaid Assistance Program		800-803-7174	
National Kidney Foundation	30 East 33 rd Street New York, NY 10016	800-622-9010 Fax: 212-689-9261	www.kidney.org info@kidney.org
Social Security		General Inquiry for Davison, Flushing, Swartz Creek, Grand Blanc and Lapeer areas. 810-239-9514 General Inquiry for Mt. Morris, Montrose, Clio, Otisville and Flint areas. 810-789-8656	
State of Michigan	P.O. Box 30013 Lansing, Michigan 48909	517-373-3400	www.michigan.gov

National Kidney Foundation – Michigan	1169 Oak Valley Drive Ann Arbor, MI 48108	800-482-1455 Fax: 734-222-9801	www.nkfm.org mgerlach@nkfm.org
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Organizations

State of Michigan Department of Community Health By County

County	Address	Phone	Website
ARENAC COUNTY	Central Mich. District Health Dept. 2012 E. Preston Avenue Mt. Pleasant, MI 48858	989-773-5921	www.cmdhd.org
BAY COUNTY	Bay County Health Department 1200 Washington Avenue Bay City, MI 48708	989-895-4009	www.co.bay.mi.us
CLARE COUNTY	Central Mich. District Health Dept. 2012 E. Preston Avenue Mt. Pleasant, MI 48858	989-773-5921	www.cmdhd.org
GENESEE COUNTY	Genesee County Health Department 630 S. Saginaw Street Flint, MI 48502-1540	810-257-3612	www.health.co.genesee.mi.us
GLADWIN COUNTY	Central Michigan District Health Department 2012 E. Preston Avenue Mt. Pleasant, MI 48858	989-773-5921	www.cmdhd.org
HURON COUNTY	Huron County Health Department 1142 S. VanDyke Bad Axe, MI 48413	989-269-9721	www.huron.localhealth
ISABELLA COUNTY	Central Michigan Health Department 2012 E. Preston Avenue Mt. Pleasant, MI 48858	989-773-5921	www.cmdhd.org
LAPEER COUNTY	Huron County Health Department 1142 S. VanDyke Bad Axe, MI 48413	989-269-9721	www.huron.localhealth
SAGINAW COUNTY	Huron County Health Department 1142 S. VanDyke Bad Axe, MI 48413	989-269-9721	www.huron.localhealth

SANILAC COUNTY	Huron County Health Department 1142 S. VanDyke Bad Axe, MI 48413	989-269-9721	www.huron.localhealth
SHIAWASSEE COUNTY	Huron County Health Department 1142 S. VanDyke Bad Axe, MI 48413	989-269-9721	www.huron.localhealth
TUSCOLA COUNTY	Huron County Health Department 1142 S. VanDyke Bad Axe, MI 48413	989-269-9721	www.huron.localhealth

Products for People with Diabetes

Insulin Delivery Supplies

Organization	Information	Contact Information
Access Diabetic Supply	<p>Access offers insulin pump supplies for customers with private insurance. We carry Minimed, Disetronic and Animas pump accessories such as infusion sets, syringe reservoirs, skin preps, dressings, batteries, and other associated items.</p> <p>Our personalized serviced is unequaled with scheduled phone calls to confirm each order and its expected delivery date. At Access, our timely and accurate delivery of the products you need for your insulin pump is guaranteed.</p>	1-866-880-6307
4 - Diabetic Supply	<p>Your diabetes supplies delivered to your door. Never fill out forms, never make another trip to the drugstore. Diabetessupplies with no out of pocket expense to you.</p>	888-877-8200 www.4-diabetic-supply.com
Diabetic Online	<p>Diabetic Online is one of the leading mail-order diabetic supply companies in the United States. They specialize in diabetes supplies for patients covered by Medicare, Medicaid and private insurance.</p>	www.diabeticsonline.net
LifeScan, Inc.	<p>One Touch Ultra, Induo, Basic and Profile Sure Step, Fast Take Systems, Penlet II lancet device and Ultrasfort.</p>	1000 Gibraltar Drive Milpitas, CA 95035 1-800-227-8862 www.lifescan.com
Nations Diabetic Services	<p>Thousands of people have come to depend on NDS for home delivery of their diabetes and respiratory medications and testing supplies.</p>	1-888-657-8427.

Products for People with Diabetes

Medical Identification Products

Organization	Information	Contact Information
American Medical ID	<p>Bracelets, necklaces and medallions in surgical stainless steel, sterling silver and gold (10kt or 14kt).</p> <p>Prices start at \$21.95 FREE engraving for CWD users</p>	<p>American Medical ID 949 Wakefield, Suite 100 Houston, Texas 77018</p> <p>1-800-363-5985</p> <p>www.americanmedial-id.com</p>
DAD Innovations	<p>Created by a dad with diabetes to help his teenage daughter who also has diabetes, the "Diabetic Driver" decal affixes on the inside of the windshield to alert medical personnel or police who might come upon the car in an emergency.</p> <p>US\$6.95 for two decals. Includes shipping to US addresses</p>	<p>DAD Innovations 16797 South Haven Avenue Orland Hills, IL 60477-6059</p> <p>(708) 828-4497 (708) 403-0425 fax</p>
Diabetes Research and Wellness Foundation	<p>Necklace or bracelet with the following text:</p> <p>"I HAVE DIABETES PLEASE TEST MY BLOOD BEFORE TREATING ME "</p>	<p>1206 Potomac St. NW Washington, DC 20007</p> <p>FREE</p> <p>Those requesting the necklace or bracelet are asked to send a SASE to help control costs and speed delivery.</p>
Diabetic Wristbands	<p>Diabetic Medical Wristbands are made of high quality silicone, similar to other wristbands. Each wristband is embossed with the word "DIABETIC" and the medical symbol (caduceus), which means it will never rub off. Available in Kids</p>	<p>P.O. Box 330 Lone Pine CA 93545 United States sales@diabeticwristband.com</p> <p>Visit DiabeticWristband.com to order.</p>

	<p>and Adult sizes, in a variety of colors.</p> <p>US\$6.95 for two decals. Includes shipping to US addresses.</p>	
Letters N Wood	<p>Letters N Wood makes a plastic diabetes emergency tag called a Sneaker Tag. Great for active kids or for anyone who doesn't like to wear a bracelet or necklace. Click image for larger view.</p>	<p>1 Prides Crossing Flanders, NJ 07836</p> <p>www.lettersnwood.homestead.com</p>
Medic Assist	<p>Medical ID Jewelry in both stainless steel and gold plate. The product line includes bracelets and necklaces for Men, Ladies, Girls and Boys, as well as a small Caduceus charm, indicating the presence of medical information, that can be attached to any engraved jewelry you already own. Wallet Information Cards are included Free!</p> <p>Four different items include compartments and waterproof paper for inclusion of extended information.</p> <p>Medic Assist has secure credit card ordering available on-line.</p> <p>Select "Children with Diabetes" on the order page and a portion of your purchase will be donated by Medic Assist.</p> <p>US\$5.95 to US\$24.95, plus engraving and shipping</p>	<p>10907 Shady Trail, Suite 105 Dallas, Texas 75011-7627 Phone (877) 902-8969 Fax (214) 654-0697</p>
Miss Brooke's Company	<p>Aware Bear™ is just one of 15 delightful medical identification charms made</p>	<p>P.O. Box 558 Bryant, AR 72089 (501) 847-5587</p>

	<p>by Miss Brooke's Company. Made of either 14kt Gold Vermeil or Sterling Silver, each sports an easy-to-spot Caduceus on a red background. If your child with diabetes doesn't want to wear medical identification jewelry, an AwareBear or one of his friends might be just the ticket.</p> <p>US\$14.95 to US\$24.95 plus shipping</p>	<p>1-888-417-7591 (501) 847-5590 Fax</p>
Miss Ruthie's Kids	<p>Miss Ruthie's Kids, part of Life Jewelry, offers over 250 styles in kid's bracelets, charms, and pendants in both sterling silver and 14k gold. Medical identification charms come in lots of kid-friendly designs, such as the bear shown on the left.</p> <p>Dozens of styles priced from \$19.95</p>	<p>P.O. Box 4696 Metuchen, New Jersey 08840 800-481-7886 shalo@optonline.net</p>
Sticky Jewelry	<p>Sticky Jewelry offers an assortment of medical identification products for kids and adults, including traditional bracelets, pendants, charms, and watches.</p> <p>The boys and girls bracelets are \$15.</p>	<p>1033 Ninth St. N. #106 St. Petersburg, FL 33701 727) 823-9500 (866) 204-3533 (fax) customerservice@stickyj.com</p>
VitalID	<p>VitalID's medical identification products are made of nylon and come in kid-friendly designs and colors, including pink camo. Inside the velcro strap is a removable form for writing down your child's name, medical condition, and contact information. Each ID comes with three forms, so you can have different</p>	<p>PO Box 1786 Cochrane, Alberta T4C 1B6 Canada</p> <p>www.medicalwristband.com</p>

	information for when you're away, for example. Available in Canada and the US. About US\$10 (varies by retailer)	
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Products for Diabetes Care

Medical Supply Resources

Organization	Information	Contact Information
Alcona FREE Health Center	Service Types: Dental Care Services, Enabling Services, Mental Health/Substance Abuse Services, Obstetrical and Gynecological Care, Other Professional Services, Primary Medical Care, Specialty Medical Care.	1185 US 23 North Alpena, MI, 48707 989-356-4049
H-CARE	H-Care is a medical company jointly operated by H-Corporation of Mid-Michigan and Binson's Hospital Supplies, Inc. They deliver quality healthcare products and services to the community.	Flint – Main Location 810-733-0280 1-800-822-5385 Flint – Ballenger Rd. 810-235-1981 Davison 810-653-9188 Saginaw 989-791-9490
McLaren Medical Supplies		2284-1 S. Ballenger Hwy Flint, MI 48503 800-451-1750
Michigan Orthopedic Services		G-1213 N. Ballenger Hwy. Flint, MI 48504 810-239-7475 810-239-7477 Fax
Passport Homecare, Inc.		6363 Lennon Road Swartz Creek, MI 48473 810-630-8816
Sheldon Medical Supply		6897 Gratiot Road Saginaw, MI 48609 800-341-3244
Vita Medical Equipment & Supplies		G-3535 Beecher Road Suite G Flint, MI 48532 810-732-2244
Wright & Filippis, Inc.		G-1101 N. Ballenger Hwy Flint, MI 48532 810-234-6582

Services for People with Diabetes Clinics

Organization	Information	Contact Information
Alcona FREE Health Center	Service Types: Dental Care Services, Enabling Services, Mental Health/Substance Abuse Services, Obstetrical and Gynecological Care, Other Professional Services, Primary Medical Care, Specialty Medical Care.	1185 US 23 North Alpena, MI, 48707 989-356-4049
Bayside FREE Health Center	Service Types: Dental Care Services, Enabling Services, Obstetrical and Gynecological Care, Other Professional Services, Primary Medical Care, Specialty Medical Care.	989-671-2000
Bridgeport Community Health Center – FREE Clinic	Service Types: Dental Care Services, Enabling Services, Obstetrical and Gynecological Care, Other Professional Services, Primary Medical Care, Specialty Medical Care.	989-777-2151
Flint VA Outpatient Clinic		810-720-2913
Genesee County FREE Medical Clinic	<p>You must NOT qualify for any other insurance and must provide proof of income, such as a pay stub, W-2 or tax return form.</p> <p>You must be between 18 and 65 years of age.</p> <ol style="list-style-type: none"> 1. Clinic provides intake, triage, physicians consultations, referrals to specialists and test and health education. 2. There is no charge for services, including specialty care and test by referral. 3. The clinic also has an on-site pharmacy. Prescribed medications are provided at no charge. 	<p>2437 Welch Blvd Flint, MI 48504</p> <p>Call for Free Clinic Appointment Policy</p> <p>810-235-4211 810-235-5122 (fax)</p>

Hamilton Community Health Network	Service Types: Dental Care Services, Obstetrical and Gynecological Care	810-787-5001
Hamilton Family Health Center		4001 N. Saginaw St Flint, MI 48505 810-789-9145 OR G3373 S. Saginaw St. Burton, MI 48529 810-789-9141
Health Delivery, Inc. – FREE Clinic	Service Types: Dental Care Services, Enabling Services, Obstetrical and Gynecological Care, Other Professional Services, Primary Medical Care, Specialty Medical Care	3605 Davenport Saginaw, MI, 48602 989-792-8751
Hurley Senior Services		810-235-2599 or 810-733-2011
Janes Street Academic Community Health Center – FREE Clinic	Service Types: Dental Care Services, Enabling Services, Obstetrical and Gynecological Care, Other Professional Services, Primary Medical Care, Specialty Medical Care.	1522 Janes Street Saginaw, MI, 48601 989-755-0316
McCree North Health Center		810-600-2400
Sterling Area FREE Health Center	Service Types: Dental Care Services, Mental Health/Substance Abuse Services, Obstetrical and Gynecological Care, Primary Medical Care	5095 Rifle River Trail Alger, MI, 48610 989-873-5152
Wadsworth Dental Clinic - FREE	Service Types: Dental Care Services, Enabling Services, Obstetrical and Gynecological Care, Other Professional Services, Primary Medical Care, Specialty Medical Care.	2308 Wadsworth Saginaw, MI, 48601 989-754-7771

Services for People with Diabetes

Dental Care

Organization	Information	Contact Information
Bayside Dental Center	Family Dental Services and FREE transportation.	3884 Monitor Rd. Bay City, MI 48706 Phone: 989-671-2000 Fax: 989-686-0638 Hours: Mon-8:15 AM - 5:00PM Tues/Wed/Thurs/Fri 7:30AM - 5:00PM
Dental Hygiene Clinic	September thru April	810-762-0493
Ferris State University Dental Hygiene Clinic College of Allied Health Sciences	Dental hygiene clinic. Services provided by student dental hygienists under the supervision of registered dental hygienists and dentists. Open to the public, special populations welcomed. Teeth cleaning, pit and fissure sealants, fluoride treatments, dental X-rays. Reasonable fees, Medicaid	200 Ferris Dr. (corner of State Street and Ferris Drive) Big Rapids, MI 49307 231/591-2260
Hamilton Community Health Network	Free standing dental part of Community Health Center. Coordinator for homeless services. Part-time oral surgeon. Works with Head Start. Transportation assistance. Children, adults, Medicaid, low-income, uninsured. Preventive, restorative, emergency, prosthodontics, and extractions. Transportation assistance.	G-5399 N. Saginaw Flint, MI 48505 810/785-0863 Fax: 810/785-0865
Healthy Kids Dental	State of Michigan	800-292-2550
Mott Community College Dental Hygiene Clinic	Open September through June for preventive dental services at a reduced fee. Patients under age 18 must be accompanied by adult guardian/parent. All patients must complete health history, which is reviewed by faculty to determine patient acceptance for clinical	1401 E. Court St. Flint, MI 48503 810/762-0493 Fax: 810/762-5619

	procedures. Complete prophylaxis, fluoride treatment, nutritional assessment, oral screening, periodontal evaluation. Sealants and X-rays available for slightly higher fee. Reduced fees.	
Midland County Child Protection Council	Promote good oral hygiene and good dental health for low-income children who do not qualify for Medicaid, MI Child or dental insurance. Children under age 18 or still in high school from low-income families and not have dental insurance or Medicaid. Must be a current resident of Midland County and have lived in the county for one year before applying. Complete range of dental services. Donated care, referral to other funding sources.	Adopt A Child's Smile Program (ACSP) 5103 Eastman Ave., Ste. 175 Midland, MI 48640 517/835-9922
Mott Children's Health Center Department of Pediatric Dentistry	Non-profit multi-disciplinary children's health center. 25 operators. Pediatric dentistry residency with the U of M and Hurley Medical Center. Children 0-18 up to 200 percent of Federal Poverty guidelines. Comprehensive services, preventive, sedation, cleft palate.	Daniel Briskie, DDS, director briskie@mottchc.org 806 Tuuri Place Flint, MI 48306 810/767-5750 Fax: 810/767-4602
Nimkee Dental Clinic Saginaw Chippewa Indian Tribe	Eight operatories. Native Americans. Exams, hygiene services, restorations, root canals, oral surgery, preventive, prosthetics, oral health education. Indian Health Services, Medicaid, private insurance, certain patients pay lab fees.	2591 S. Leaton Rd. Mt. Pleasant, MI 48858 989/775-4657 Fax: 989/773-2028
Thumb Outreach Minority Services	Must be a migrant or 60 years or older. Emergency care referral.	P.O. Box 89 59 Moore St. Sandusky, MI 48471 810/648-4237 800/542-1663 Fax: 810/648-4293

<p>Saginaw County Department of Public Health Dental Services Division</p>	<p>Ages 4-18, low-income, preschool. Preventive, referrals, remedial, education. Clinic in city of Saginaw. Building satellite clinics in Birch Run, Chesaning and St. Charles. Medicaid, patient donations.</p>	<p>1600 N. Michigan Ave. Saginaw, MI 48602 989/758-3835 Fax: 989/758-3750</p>
<p>"Smiles Are Everywhere" Community Dental Program</p>	<p>"Smiles Are Everywhere" is Health Delivery, Inc's school based dental program. Our two mobile dental units utilize portable equipment to provide exams, x-rays, cleanings, fluoride treatments, and sealants to elementary school students that may not otherwise receive the care. These mobile units are also used for travel to migrant farm worker camps in the summer to provide dental care to the migrant and seasonal farm worker and their families throughout lower Michigan.</p>	<p>3884 Monitor Rd. Bay City, MI 48706 Phone: 989-671-2000 Fax: 989-671-4000</p>
<p>Sterling Area Health Center- Dental</p>	<p>Evening hours. Medicaid children, limited adult Medicaid, main stream patients - priority list. All general dentistry, privileges at Standish Hospital where pediatric patients are sedated when needed. Sliding fee, fee for service.</p>	<p>5095 Rifle River Trail Lawrence, MI 48610 989/873-5152 Fax: 989/873-5913</p>
<p>Wadsworth Dental Center</p>	<p>Family Dental Services and FREE transportation.</p>	<p>2308 Wadsworth Rd. Saginaw, MI 48601 Phone: 989-754-7771 Fax: 989-754-8792 Hours: Monday 8:00AM - 5:00PM Tuesday-Friday 7:00AM - 5:00PM</p>

Services for People with Diabetes

Donations of Good and Services

Organization	Information	Contact Information
American Red Cross		810-232-1401
Catholic Outreach		810-234-4693
Give-Away Center		810-767-7335
Kidney Foundation	Accepts household furnishings, appliances, shoes, clothes, books, toys, etc.	Kidney Foundation 37665 S. Gratiot Clinton Township, MI 48036 586-465-0408
Love, I.N.C. – Lapeer	A non-profit agency that services people in the Greater Lapeer area.	810-245-2414
Love, I.N.C. - Genesee	A non-profit agency that services Genesee County. Clients with special help needs come to our office and are screened for need and use of area help services. Requests are for items such as: food, clothing, personal items, transportation, household items, and assistance with bills.	706 W.Court St Flint, MI 48503 810-235-4990 810-235-4991 Fax
St. Vincent DePaul		http://www.st-vincent-de-paul.net/ 810-234-5381
Salvation Army	Information on donating material goods such as furniture, clothing, a used vehicle and other items, or to schedule a truck pick-up, please call 1-800-95-TRUCK or visit http://www.satruck.com For customer service and other matters concerning your donation pick-up, please call 1-800-95-TRUCK or visit http://www.satruck.com	www.salvationarmy.org 810-232-2196

Services for People with Diabetes

Exercise

Organization	Information	Contact Information
Exercise Saginaw	A Guide for Great Places to Exercise in the Tri-County Area. Contact for Brochure with details	Saginaw – 989-758-2500 Bay – 989-895-4026 Midland – 989-832-6640
Step Up Michigan	All the tools you need to start improving your health are available at the Michigan Steps Up website. Join the Michigan Steps Up team today and begin your journey toward better health and decrease your risk from many chronic diseases.	877-422-4244 www.michiganstepsup.org
Shiawassee Family YMCA -		515 W Main St Owosso, MI 48867 Phone: 989-725-8136
YMCA of Greater Flint -	Downtown Flint Branch	411 E 3rd St Flint, MI 48503 Phone: 810-232-9622
Flint/Flushing YMCA		5219 Pierson Rd Flushing, MI 48433 Phone: 313-732-9622
Bay Area Family YMCA -		111 N Madison Ave Bay City, MI 48708 Phone: 989-895-8596
YMCA of Saginaw		1915 Fordney St Saginaw, MI 48601 Phone: 989-753-7721

Services for People with Diabetes

Eye Care

Organization	Information	Contact Information
Mobile Eyes	Products and Services for the Visually Impaired	Cheryl Terpening-Frueh 734-216-5778 www.mobileeyes-lowvision.com mobileeyes@msn.com
Eye Care America	<p>If you have diabetes, a dilated eye exam could save your vision. EyeCare America partners with the Lions Eye Health Program to encourage people with diabetes to get a dilated eye exam.</p> <p>Program designed for those who:</p> <ul style="list-style-type: none"> • Are 65 and older and are US citizens or legal residents • Have not had an eye exam by an ophthalmologist in 3+ years • Do not belong to an HMO or the VA <p>Medicare co-payments and deductibles are waived for eligible EyeCare America patients.</p>	800-272-EYES (3937)
The Visually Impaired Center	The VIC is a private, non-profit agency that offers Vision Rehabilitation Services to residents of Genesee, Lapeer, and Shiawassee counties who are legally blind, have low vision, or are experiencing functional or progressive vision loss.	1422 W. Court St. Flint, MI 48503 810-235-2544 810-235-2597 (fax)

Services for People with Diabetes

Foot Care

Organization	Information	Contact Information
Mid-Michigan Foot and Ankle Center	Specializes in the diagnosis and treatment of foot problems in patients with diabetes.	4224 State Street Saginaw, Michigan 48602 989-790-8009 612 N. Euclid Avenue Bay City, Michigan 48706 989-684-4247 800-452 FEET (MI/FLA) 989-790-5071 (fax)

Services for People with Diabetes

Hearing Resources

Organization	Information	Contact Information
HEAR NOW	<p>Hear Now: This unique national program provides assistance to individuals and families with limited financial resources. HEAR NOW maintains the National Hearing Aid Bank, which provides new and reconditioned hearing aids to deaf and hard of hearing people who cannot afford them. These hearing aids are distributed through hearing health care providers in communities nationwide. HEAR NOW also has a cochlear implant program that raises funds to provide cochlear implant and related service to both adults and children. In addition, HEAR NOW has developed the National Hearing Assistance Directory (NHAD), which provides state-by-state listings of financial and social resources offered through government agencies and private organizations</p>	<p>Hear Now 6700 Washington Avenue South Eden Prairie, MN 55344 800-648-HEAR V/TTY 952-828-6946 FAX E-mail: nonprofit@starkey.com http://www.sotheworldmayhear.org/</p>
Resonate Hearing	<p>Hearing Test for \$1.00 and Hearing Aid assistance for qualified candidates.</p>	<p>Edward J. Deneau 866-358-HEAR (4327) 989-835-8760 Fax: 989-835-8764 www.resonatehearing.com Email: resonate@nase.org</p>

Services for People with Diabetes

Insurance Issues

Organization	Information	Contact Information
Health Access	<p>Health Access is a program that will help you find ways to get your health care needs met. Serving Genessee County, we can help you find a doctor, programs that may help pay your medical bills or connect you with resources to improve your health.</p> <p>Health Access also provides prescription assistance, access to low-cost health care and free clinics. If you or your family are uninsured, please call today for an appointment and to learn more on how we can help.</p>	<p>1428 West Court Street Flint, MI 48503 810-232-4200 810-232-4210 (fax)</p> <p>www.healthaccessprogram.org</p>
Genessee Health Plan	<p>This is a community-sponsored program for eligible residents in Genessee County. This is not an insurance. This plan provides limited services for doctor visits, prescriptions, lab test and x-rays.</p>	<p>For details call: 810-720-7785</p> <p>1-800-992-5070(TDD Line for the Hearing Impaired)</p> <p>Write us: Genessee Health Plan C/O HealthPlus Options P.O. Box 1700 Flint, MI 48501-1700</p>
Saginaw Health Plan	<p>You can join this plan if:</p> <ul style="list-style-type: none"> • You live in Saginaw and are between th19 and 64 years of old. • You don't have any other health insurance; including Medicaid or Medicare. • Your income is within the guidelines. 	<p>To join call:</p> <p>Saginaw Health Plan 989-758-3855</p> <p>Or:</p> <p>Saginaw County Family Independence Agency 989-758-1500</p>

Services for People with Diabetes

Migrant Health Services

Organization	Information	Contact Information
Migrant Health Services Directory	This website has information about migrant clinics and health centers in various states. These clinics and health centers offer services for migrant families. It is their job to help you with your health questions or problems. You can possibly receive services even if you cannot pay for them. These clinics are there to help you!	Migrant Health Promotion 224 W. Michigan Avenue Saline, Michigan 48176-1327 734-944-0244 Fax: 734-944-1405 info@migranthealth.org www.migranthealth.org
Migrant Clinic – Bay City	HDI-Bayside Health Center	3884 Monitor Road Bay city, MI 48706 800-284-4413 or 989-671-2000
Migrant Clinic – Bridgeport	HDI-Bridgeport Community Health Network	6297 Dixie Highway Bridgeport, MI 48722 989-777-2151
Migrant Clinic – Caro	HDI-Caro Health Center	1309 Cleaver Road Caro, MI 48723 989-673-8114
Migrant Clinic – Imlay City	HDI-Imlay City Health Center	100 E. Third Street Imlay City, MI 48444 810-724-3201
Migrant Clinic- Saginaw	HDI-Roosevelt Ruffin Community Health Center	229 Gallagher Street Saginaw, MI 48601 989-755-3619
Migrant Clinic – Saginaw	HDI-Janes Street Community Health Center	1522 Janes Street Saginaw, MI 48601 989-755-0316
Migrant Clinic – Saginaw	HDI-Wadsworth Dental Center	2308 Wadsworth Saginaw, MI 48601 989-754-7771

Services for People with Diabetes

Pharmaceutical Assistance Programs

Organization	Information	Contact Information
Glaxo Smith Kline		888-672-6436
Health Delivery Pharmacy	Health Delivery, Inc. offers pharmacy services at our Janes Street Academic Community Health Center and our Bayside Health Center. Our pharmacy allows you to receive your prescriptions at a reduced rate. Any Health Delivery, Inc. patient may take advantage of the cost savings and convenience that our pharmacy offers.	1522 Janes Street. Saginaw, MI 48601 Phone: 989-755-3633 Fax: 989-755-3614 Hours: Monday-Thursday 9:00AM - 6:00PM Friday 9:00AM - 5:00PM
Medication for Less		877-633-7453 Medication4Less.com
Mediplan Pharmacy		115 Main Street, South P.O. Box 84 Minnedosa, Manitoba Canada ROJIEO 888-773-2698 Needymeds.com
MiRx Prescription Savings Program	This is a government assistance prescription program for low-income patients for the state of Michigan.	866-755-6479 or 800-375-1406
National Prescription Health Plan	Genesee County Seniors over 60	810-257-3054
Novartis Care		800-974-2273
Partnership for Prescription Assistance	If you don't have prescription coverage and can't afford your medicines, you could get help paying for them. 1. Know the names of the medicines you take before calling. 2. A trained specialist will answer your questions and help you apply.	Partnership for Prescription Assistance

The Together RX Card	A FREE prescription-savings card for eligible residents of the United States and Puerto Rico who have no prescription drug coverage	800-865-7211 www.togetherrxaccess.com
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Services for People with Diabetes

Publications

Organization	Information	Contact Information
Jackie's Got Game	Jackie's Got Game is the story of a nine-year-old boy who is dealing with his diabetes. Jackie wants desperately to join the basketball team but is afraid that maybe his diabetes, and the fact he is "different" will make that impossible	www.dLife.com
National Institute of Diabetes and Digestive and Kidney Diseases SPANISH PUBLICATIONS	You can order single copies of various Spanish publications for FREE or purchase bulk quantities	www.catalog.niddk.nih.gov
National Diabetes Education Program	Free publications, up to 25 copies, on Diabetes control and prevention.	800-860-8747 www.ndep.nih.gov
Taking Diabetes to School	This color, illustrated book for elementary age children contains an instructive story of a grade-schooler with diabetes who tells his classmates about the disease and how he manages it. The story offers sensitive insight into the day-to-day "school life" of a child with a chronic illness. Includes "Ten Tips for Teachers" and "Kids Quiz".	800-999-6884
Understanding Diabetes	A book about living with insulin-dependent diabetes	www.uchsc.edu/misc/diabetes/ud10

Services for People with Diabetes

Senior Centers

Organization	Contact Information
Burton Senior Center	810-744-0960 – phone 810-744-9062 – fax
Carmen Ainsworth Senior Center	810-732-6290 – phone 810-732-6305 – fax
Clio Senior Center	810-687-7260 – phone 810-564-0635 – fax
Davison Senior Center	810-658-1566 – phone 810-658-8044 – fax
Durand Senior Center	989-288-4122 – phone 989-288-7065 – fax
Eastside Senior Center	810-250-5000 – phone 810-250-9033 – fax
Flushing Senior Center	810-659-4735 – phone 810-659-4686 – fax
Grand Blanc Senior Center	810-695-3202 – phone 810-953-0726 – fax
Hasselbring Community Center	810-766-7128 – phone 810-766-7132 – fax
Hispanic Service Center	810-724-3665 – phone 810-724-7731 – fax
Kraphol Senior Center	810-785-2270 – phone 810-785-9973 – fax
Lapeer Senior Center	810-245-5866 – phone 810-667-0219 – fax
Loose Senior Center	810-735-9406 – phone 810-735-4255 – fax
Montrose Senior Center	810-693-2822 – phone
Owosso Senior Center	989-723-8875 – phone 989-723-8875 – fax (same)
Swartz Creek Senior Center	810-635-4122 – phone 810-635-9405 – fax

Services for People with Diabetes

Services for Visually Impaired

Organization	Contact Information
Leader Dogs for the Blind	888-777-5332 www.leaderdog.org 248-651-3713 Voice and TTY
Library for the Blind and Physically Handicapped	810-732-1120
Michigan Commission for the Blind	810-760-2030
Visually Impaired Center	1422 W. Court Street Flint, MI 48503 810-235-2544 info@vicflint.org

Services for People with Diabetes

Transportation

Organization	Contact Information
Catholic Outreach	810-234-4693
Jewish Community Services Highway to Health	810-767-5922
Mass Transportation Authority	810-767-0100
On The Move	810-232-9956
YOUR RIDE	810-793-8816 or 810-767-5541 or 810-487-1390 or 810-233-4751

Diabetes and Children

Camps for Children with Diabetes

Organization	Information	Contact Information
American Diabetes Association	<p>Sponsors summer camping programs for children with diabetes including a ranch/horseback riding camp at Camp Copneconic in Fenton, MI. Services include lodging, meals, activities, medical supplies, on-site medical staff, and interactive medical and nutrition education.</p> <p>ELIGIBILITY: Diabetic children ages 8-16 years. Ranch camps – diabetic children ages 14-15 years</p> <p>APPLICATION: Call beginning in January for schedule information.</p> <p>FEES: \$375 for one-week session. Limited financial assistance may be available.</p>	<p>800- 434-5006 or 888-342-2383 Fax: 248- 433-1095</p> <p>HOURS: 8:30 a.m.– 8:00 p.m., M-F</p>
Michigan - ADA Camp Midicha	<p>Come Share the Adventure! - one week of something extraordinary and a lifetime of memories. The American Diabetes Association's Camp Midicha has many fun and exciting activities for children and teenagers with type 1 and type 2 diabetes.</p>	<p>http://www.diabetes.org/communityprograms-and-localevents/diabetescamps/mi-midicha.jsp</p> <p>Contact: Yolanda Taylor 248-433-3830, x.6698 or 1-888-342-2383 x.6698</p>

Diabetes and Children

School Support for Diabetes

Organization	Information	Contact Information
American Diabetes Association	Designed to help school personnel understand how to care for a child with diabetes in the school setting.	<p>www.diabetes.org</p> <p>You can also call the American Diabetes Association at 1-800-DIABETES (1-800-342-2383). Hours of operation are Monday - Friday, 8:30 AM - 8 PM Eastern Standard Time.</p> <p>Or write to: American Diabetes Association ATTN: National Call Center 1701 North Beauregard Street Alexandria, VA 22311</p>
Helping the Student with Diabetes Succeed	Guide for type 1 diabetes and youth.	<p>www.ndep.nih.gov/resources/school.htm</p> <p><u>By Mail</u> National Diabetes Education Program One Diabetes Way Bethesda, MD 20814-9692</p> <p><u>By Email</u> ndep@mail.nih.gov</p> <p><u>To Order Materials</u> Call 1-800-438-5383</p>
Wizdom Kits for Diabetes Care Providers	The Wizdom kits are free to families dealing with diabetes. Unfortunately at this time, financial support cannot sustain sending free kits to diabetes care providers or others who are not parents of children with diabetes. We hope you understand.	If you'd like to purchase a kit, please call us at 1-800-DIABETES (342-2383) or email askada@diabetes.org .

Diabetes and Children

Support Groups for Children with Diabetes

Organization	Information	Contact Information
Flint Support Group	In the Flint area, we have a support group for both parents of children with diabetes and the kids themselves. We meet once a month to support each other and plan monthly activities for the kids.	For more information, please email justjenny@cwmail.com OR Call 810-762-6162 Leave a message with the nurses in the endocrinology office at Hurley Hospital. This support group is open to everyone, whether or not you are a patient through Hurley's services.