

*ARABIC

Title of Resource	Description	Website (or contact)
Arab-American Coalition of American Diabetes Association	A Michigan collaborative	1-888-DIABETES
<ul style="list-style-type: none"> ·Are you at risk for the fastest growing disease? ·Diabetes fact sheet ·Diabetes: Your feet come first ·Diabetes in pregnancy-gestational diabetes ·Don't let diabetes steal your sight ·Give your feet the care they deserve ·Glucose tolerance test ·How to live healthy with diabetes ·So you have an ulcer (foot) 	Handouts developed by New South Wales Dept. of Health. Copy of PDF file in Arabic and English	http://www.mhcs.health.nsw.gov.au/mhcs/topics/Diabetes.html
Diabetes Health Record Card	Handout: Developed by the California Diabetes Program and the Diabetes Coalition of California, this card helps people with diabetes keep track of basic tests they need and provides a place to record when they were done	http://www.caldiabetes.org/content_display.cfm?contentID=19 (in 14 languages)
Diabetes packets	Handouts: The Nutrition Education for New Americans Project, Georgia State Anthropology and Geology Dept; 6th grade reading level; English and Arabic combined on each page	http://monarch.gsu.edu/multiculturalhealth
Food Guide Pyramid	Handout: The Nutrition Education for New Americans Project, Georgia State Anthropology and Geology Dept; 6 th grade reading level; English and Arabic combined on each page	http://monarch.gsu.edu/multiculturalhealth
Miscellaneous diabetes resources	Handouts: Diabetes-Management and Reducing Risk Factors (various formats); Are You at Risk from the World's Fastest Growing Disease? (English and Arabic versions)	http://www.lib.wayne.edu/shiffman/urbanhealth/AZlist.htm Also: http://www.healthyroadsmedia.org/topics/diabetes.htm

**** Note the limitations of some of these resources. They may mention the use of foods (pork) or beverages (alcohol) that are not used by individuals practicing Islam.***