

*Farsi

Title of Reference	Description	Website (or contact)
Diabetes Health Record Card	<u>Handout:</u> Developed by the California Diabetes Program and the Diabetes Coalition of California, this card helps people with diabetes keep track of basic tests they need and provides a place to record when they were done	http://www.caldiabetes.org/content_display.cfm?contentID=19 (in 14 languages)
Diabetes Packet	<u>Handout:</u> The Nutrition Education for New Americans Project, Georgia State Anthropology and Geology Dept; 6 th grade reading level; Farsi and English combined	http://monarch.gsu.edu/multiculturalhealth
Food Guide Pyramid	<u>Handout:</u> The Nutrition Education for New Americans Project, Georgia State Anthropology and Geology Dept; 6 th grade reading level; Farsi and English combined	http://monarch.gsu.edu/multiculturalhealth

****Note the limitations of some of these resources. They may mention the use of foods (pork) or beverages (alcohol) that are not used by individuals practicing Islam.***