

SPANISH

Title of Reference	Description	Website (or contact)
Diabetes Health Record Card	<u>Handout:</u> Developed by the California Diabetes Program and the Diabetes Coalition of California, this card helps people with diabetes keep track of basic tests they need and provides a place to record when they were done	http://www.caldiabetes.org/content_display.cfm?contentID=19 (in 14 languages)
Diabetes Packet	<u>Handout:</u> The Nutrition Education for New Americans Project, Georgia State Anthropology and Geology Dept; 6 th grade reading level; Spanish and English combined	http://monarch.gsu.edu/multiculturalhealth
<ul style="list-style-type: none"> ·Are you at risk for the world's fastest growing disease? ·Diabetes and your eyes ·Diabetes in pregnancy-gestational diabetes ·Diabetes: your feet come first ·Don't let diabetes steal your sight ·Give your feet the care they deserve ·So you have an ulcer (diabetes) 	<u>Handouts:</u> NSW Multicultural Health Communication Service; Spanish version, English version	http://www.mhcs.health.nsw.gov.au/mhcs/topics/Diabetes.html
Food Guide Pyramid	<u>Handout:</u> The Nutrition Education for New Americans Project, Georgia State Anthropology & Geology Dept; 6 th grade reading level; Spanish & English combined	http://monarch.gsu.edu/multiculturalhealth

Hispanic/Latinos Diabetes Fact Sheet	<u>Handout</u> : National Diabetes Education Program, English only	http://www.ndep.nih.gov/campaigns/tools.htm#fs
Original Brochures/Handouts from American Diabetes Association: Recipes, Healthy Eating, Heart Disease, Vision Checks	<u>Brochures/Handout</u>	http://www.diabetes.org
Understanding the Link Between Diabetes and Heart Disease in Hispanics	<u>Handout</u> : National Diabetes Education Program; Spanish version, English version	http://www.ndep.nih.gov/campaigns/tools.htm#fs
·Diabetes-What can I do to take care of my feet? ·How can diabetes hurt my feet? ·Are you at risk for the worlds fastest growing disease? ·Control Your Diabetes: It's Worth Your Time-Part 1, 2, and 3:	Written, Audio and Multimedia versions of each topic	http://www.healthyroadsmedia.org/topics/diabetes.htm