



SOUTHEAST MICHIGAN DIABETES SUPPORT GROUPS

List provided by the Michigan Organization of Diabetes Educators (MODE) and
Michigan Diabetes Outreach Network (MDON)
5-08

OAKLAND COUNTY

1. **Botsford Center for Health Development**
39830 Grand River, Novi, MI 48375
Saturday Sizzlers Support Group (adult)
Contact person: Ellen Allen (248) 477-6100
Offered quarterly. Call for details.

2. **Crittenton Hospital**
441 S. Livernois, Ste. 100, Rochester, MI 48307
Contact person: Julie Brown (248) 652-5660
Self-help group for adults with diabetes and their families/friends.
No cost. Meets 1st Thursday of the month.

3. **DMC-Sinai Huron Valley Hospital**
1 William Carls Dr., Commerce Twp.
Contact person: Liz Bailey (248) 937-5059
Adult support group meets every 6 weeks. Call for details.

4. **St. Joseph Mercy Oakland Hospital**
44405 Woodward Ave., Pontiac, MI 48341
Contact person: Vicki Voros (248) 858-6653 or Lorraine Drake
(248) 858-3413. Adult support group, call for details.

5. **William Beaumont Hospital-Royal Oak**
3601 West 13 Mile Rd., Royal Oak, MI
Contact person: Doug Hayne (248) 652-7719
Adult support group meets 1st Thurs. of the month, Central Tower,
10th floor.

6. **William Beaumont Hospital-Troy**
44201 Dequindre, Troy, MI
Adult Diabetes Support Group
Contact person: Judith Pegg (248) 964-8144
3rd Wednesday evening of the month. Free. Call for more info.

WAYNE COUNTY

1. **African American Initiative for Male Health Improvement
AIMHI Eastside Health Resource Center, 3360 Charlevoix,
Detroit**
and
AIMHI Westside Health Resource Center, 22551 Fenkell, Detroit
Contact persons: Victoria Fleming (313) 874-6674 or Lisa Goff (313) 876-9201. Adult support group, call for details.
2. **Garden City Hospital**
6255 N. Inkster Rd., Garden City, MI
Medical Office Bldg.
Contact person: Sharon Goodsell, RN, CDE (734) 458-4330
Adult Diabetes Support Group: Meets first Wed. of the month at 2:30 p.m.
and 6:30 p.m. (No mtgs. held from June-Sept.) However, Summer
School sessions available. Call for details.
3. **Children's Hospital of Michigan**
3901 Beaubien Blvd., Detroit MI 48201
Contact persons: Aja or Jolynn : Psychology Dept. (313) 745-4887
Starting a support group for children coping with a variety of chronic
health conditions. Call for details.
4. **Harper Hospital**
3990 John R. Rd., Ste. 8805, Detroit, MI 48201
Contact persons: Josee Hinojosa & Barbara Freeland
(313) 745-9361
Adult Support Group meets bi-monthly on Thurs., 4:00 – 5:30 p.m.
5. **Oakwood Southshore Hospital**
5450 Fort St., Trenton, MI 48183
Contact person: Jessica Campbell (734) 642-2118
Adult support group, call for information.
6. **Sinai-Grace Hospital**
6001 W. Outer Dr., Professional Office Bldg., Detroit, MI 48235
Contact person: Shannon Schmitt (313) 966-3150
"Feeling Fit with Diabetes"; Discussion and diabetes education
support group for adults.
Meets 2nd Wed. of the month, 12:30 – 1:30 p.m.
7. **St Mary Mercy Hospital**
36475 W. Five Mile Rd., Livonia, MI 48154
Contact person: Katy Dooley RN, CDE (734) 655-8956
Adult Support Group meets 2nd Wed., of the month, 7 – 8:30 p.m.

MACOMB COUNTY

1. **Mt. Clemens Regional Medical Center**
1000 Harrington Blvd., Mt. Clemens, MI 48043
Contact person: Yvonne Thigpen, RD, CDE (586) 493-8500
Living With Diabetes Adult Support Group meets last Wed. of the month,
7:00 – 8:30 p.m. except July-Aug. Call for details.
2. **Adult Type 1 Support Group**
Contact person: Margie Maly (586) 716-9262
Meetings bi-monthly on even months, 7:00 - 9:00 p.m. at
the home of Dave Zumbrumen (586) 415-0510.
3. **St. Gertrude Diabetes Group**
28830 Jefferson Ave., St. Clair Shores
Contact person: Norma Zygaj (586) 775-1143 or church (586) 777-
9120
Self-help adult support group for people with diabetes and their
families/friends. Meets 2nd week of the month at 10:00 a.m.
4. **St. John Macomb-Oakland Hospital**
Medical Education Center, 12000 E. 12 Mile Rd., Warren, MI 48093
Contact persons: Carol Ciaramitaro RN, CDE (586) 573-5740
Tammy Rogers RN (586) 573-5857
Adult Diabetes Sharing Group meets 2nd Wed. of the month, 1 – 2 p.m.
5. **St. John Medical Center**
46591 Romeo Plank, Macomb Twp., MI
Contact person: Renee Thurman RD, CDE at (313) 343-7931
Currently group is not meeting. Was support group for children with
diabetes and their parents. Exploring parent led support group. If
interested please contact Renee.

MONROE COUNTY

1. **Home Care Shoppe**
474 N. Telegraph Rd., Monroe, MI 48162
Contact person: Laurie Berry (734) 241-7875
Adult Support Group. Meets 3rd Wed. of the month, 7:00 p.m.

ST. CLAIR COUNTY

1. **Mercy Hospital**
2601 Electric Ave., Port Huron, MI 48060
Contact person: Sue Colorossi RD, (810) 985-1840
Adult Diabetes Support & Education Group meets the 4th Thurs. of the month, 1:00 – 2:00 p.m. Located in 1st floor conference room.
2. **Port Huron Hospital**
1221 Pine Grove, Port Huron, MI
Contact persons: Joan Lundblad RN or Tina Parrman RN (810) 989-3362
Adult and Childrens' Support Groups. Adult group meets 3rd Tues. of the month from 7 – 8:00 p.m.
Children's group meets at varied times. Call for details.

WASHTENAW COUNTY

1. **Brighton Go-Getters (Children/Moms Support Group)**
Meets at First Presbyterian Church, 300 E. Grand River, Brighton, MI
Contact person: Denise Pentescu (517) 546-1668
Moms meet 3rd Wed. of the month, 1 – 2 p.m. Also have get-togethers with the kids throughout the year.
2. **Chelsea Community Hospital**
775 S. Main Street, Chelsea, MI 48118
Contact person: Kim Campbell (734) 475-4020
Diabetes Adult Sharing Group. Meets 2nd Tues. of the month, 3:30 – 5 p.m.
3. **Diabetes Support**
4260 Plymouth Rd. Ann Arbor, MI 48109
Geriatric Center
Contact person: Jennifer Merritt, RN, CDE, NP (734) 763-4781
For adults ages 60+, their families/friends. Meets the 1st Tues. of the month, 1:30 – 3:00 p.m. (No mtgs Jan & July).
4. **University of Michigan Health System Pediatric Endocrinology Dept.**
Teen Support Group (ages 14-18)
Contact person: Jennifer Schwab RN, (734) 764-5175 or teendiabetesgroup@med.umich.edu
Meets at various locations in Ann Arbor.