

Ongoing Services and Events

Grayling and Crawford County

“Diabetes Glucose and Blood Pressure Screening”

Sponsor: Mercy Hospital Grayling
Location: Grayling, MI
Purpose: Check blood sugar and blood pressure
Cost: None
For More Information: If you need your blood pressure or blood sugar checked call Rhonda Haske at Grayling Mercy Hospital at 989-348-0455

Petoskey and Emmet County

“Fit Kids”

Sponsor: Area hospitals and the North Central Council of the Michigan Health and Hospital Association (NCC)
Location: In Schools
Purpose: Screening and Prevention Education during the school year.
Cost: None
For More Information: Contact Emily Hull, NCC Regional Outreach Director at 231-439-9812 or Tonya Janes at 231-487-4183 or www.northernhealth.org

“Medical Weight Management Program”

Sponsor: Northern Michigan Hospital Diabetes Center
Location: Petoskey, MI
Purpose: Weight Loss
For More Information: Contact Margaret Ritchie at 231-487-3441 or call HealthAccess toll free at 800-248-6777 to register for a free introductory session.

Ongoing Services and Events

**For Information Regarding the Following Services Offered by
Northern Michigan Hospital Diabetes Center**

Contact: Sue Tock at 231-487-3200 or (toll free) 877-487-3201

“Blood Glucose Monitoring”

Sponsor: Northern Michigan Hospital Diabetes Center
Location: Petoskey, MI
Purpose: One-on-one appointment with the diabetes educator.

“Diabetes Consultation Clinic”

Sponsor: Northern Michigan Hospital Diabetes Center
Location: Petoskey, MI
Purpose: An appointment with Dr. Laurie Kane, Endocrinologist for Diabetes Medical Management

“Diabetes Self-Management Education Classes”

Sponsor: Northern Michigan Hospital Diabetes Center
Location: Petoskey, MI
Purpose: Learn how to manage your diabetes and gain control. Covered by most insurances.

“Nutrition Counseling”

Sponsor: Northern Michigan Hospital Diabetes Center
Location: Petoskey, MI
Purpose: Nutrition for weight loss, heart health, hypertension, vegetarian, diabetes, and other conditions. Services provided by a registered dietitian.

“Pre-Diabetes Classes”

Sponsor: Northern Michigan Hospital Diabetes Center
Location: Petoskey, MI
Purpose: Information to help prevent/delay of diabetes.