



# SEMDON

**Southeast Michigan Diabetes Outreach  
Network**

## *2005 RESOURCE DIRECTORY*

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Detroit, Mi 48201**

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**Website: [www.diabetesinmichigan.org](http://www.diabetesinmichigan.org)**

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## Products for Diabetes Care

### Local Medication Assistance

These resources can provide immediate assistance to eligible clients in need. The most important resource is emergency Medicaid; many programs require verification that a client is not eligible for Medicaid.

Contact Information	Eligibility/Services Offered
Arab American & Children Social Services 248) 559-1990	Call for more information
Area Agency on Aging (517) 886-1029	Call for more information
Casa Maria Family Services (313) 962-4230 (313) 883-2217 1500 Trumbull, Detroit	Call for more information
Cass United Methodist Church (313) 833-7730	Prescriptions can be filled after seeing a doctor; to see a doctor, clients must sign in by 9:00am.
Children's Leukemia Foundation (248) 353-8222	Call for more information
Crossroads (313) 831-2000 92 E. Forest, Detroit	One time only assistance
Michigan Lupus Foundation (586) 775-8310	Provides onetime emergency prescription assistance for people with lupus. 9am-5pm weekdays.
Michigan Parkinson Foundation (248) 433-1011	Medication assistance for Parkinson's patients. 8:30a-5p weekdays.
Michigan Senior Resource Directory (517) 373-1837	Call for more information
Myasthenia Gravis Foundation (248) 423-9700	Provides help obtaining mail-order supplies of Mestinon and Prednisone, for needy people diagnosed with Myasthenia Gravis. 8:30am-4pm weekdays.
National Kidney Foundation Ann Arbor (800) 482-1455	Helps some kidney patients with medication cost. 8:30am-5pm weekdays.
St. Francis Cabrini Clinic (313) 961-7863	Tuesday/Thursday evenings only (four times per year)
The Senior Alliance (734) 722-2831	Serving Downriver and Western Wayne County
Tribute Fund (313) 226-9403	One time only assistance. United Way Community Services
United Way of Oakland County (248) 456-8800	For residents of North Oakland area. One time assistance only.

Contact Information	Eligibility/Services Offered
<p>World Medical Relief (313) 866-5333 or (313) 866-5322 11745 12<sup>th</sup> St. Detroit 48206</p>	<p>Accepts donated supplies/meds to distribute to indigent patients. Must be 65 years to participate. Serves Macomb, Oakland, Washtenaw and Wayne County for seniors. \$2.50 co-pay.</p> <ul style="list-style-type: none"> <li>• Adult Well-Being Services (313) 924-7860</li> <li>• Beaumont Hospital, Older Adults (248) 551-0770</li> <li>• Brightmoor Senior Center (313) 531-0305</li> <li>• Catholic Social Services (734) 971-9781</li> <li>• Community Services of Oakland (248) 542-5860</li> <li>• Dearborn Health Department (313) 943-2090</li> <li>• Farmington Hills Senior Center (248) 473-1826</li> <li>• Food Bank (734) 662-4462</li> <li>• Hartford Memorial Agape House (313) 861-1200</li> <li>• Henry Ford Hospital, Social Work (313) 916-1721</li> <li>• Henry Ford Wyandotte Hospital (734) 284-2400</li> <li>• Latino Family Services (313) 841-7380</li> <li>• Lighthouse in Pontiac (248) 920-6000</li> <li>• Macomb County Comm. Services (586) 759-9150</li> <li>• Polish American Congress (313) 365-9400</li> <li>• Providence Hospital (248) 424-3113</li> <li>• Salvation Army/Pontiac (248) 334-2407</li> <li>• Senior Citizen Services (586) 469-6313</li> <li>• Waterford Senior Center (248) 623-6500</li> <li>• Wayne County Office on Aging (734) 727-7373</li> <li>• Wayne Metro Comm. Services (313) 843-2550</li> <li>• Washtenaw County Council on Aging (734) 712-3625</li> <li>• Williams Center (313) 894-2830</li> </ul>

## Products for Diabetes Care

### Local Supply Resources

Contact Information	Products/Programs Offered
American Association of Retired Persons-AARP (800) 456-2277	Call for information regarding mail-order pharmacy program Uninsured people/nonmembers can use this service. Ask about the Members choice card to receive additional savings.
Diabetes Plus (586) 285-9330	Call for more information
Edgepark Surgical (800) 321-0591	Call for more information
Oxy Stat, Inc. (800) 767-7828	Large inventory of all major brands of glucose monitors and accessories. Accepts Medicare/private insurance. No shipping or handling charges
Diabetes Self Care (800) 928-8220	Free in-home meter training; supplies delivered to your home; direct billing of insurance claims
Great Lakes Diabetes Supply (800) 774-0788	Call for more information
Key Diabetes Supply Co. 11585 Farmington Road Livonia, MI 48150 (734) 293-0207	Call for more information
Oakwood Home Medical Equipment 1633 Fairlane Circle, Suite 100 Allen Park, MI 48101 (313) 996-3113	Call for more information
Pharmaceutical Manufacturers Association (202) 835-3400	Order the Directory of Prescription Drug Patient Assistance Programs, listing companies that donate drugs to needy patients, usually on the request of their physicians.
World Medical relief (313) 866-5333 11745 Twelfth St. Detroit 48206 (313) 866-5322	Accepts donations and meds to distribute to indigent participants. Recipients must be 65 years+.

**Products for Diabetes Care**  
National/Mail Order Supply Houses & Pharmacies

Products	Contact Information
<p>Abbott Diabetes Care Provide blood glucose testing supplies at no cost to eligible consumers who do not have insurance coverage (private or state funded). All applicants are reviewed on a case-by-case basis. Eligibility is based on current Federal Poverty Guidelines adjusted for household size.</p>	<p>1360 South Loop Road Alameda, CA 94502 (866) 224-8887</p>
<p>FREE Diabetes Alert Necklace, says "I Have Diabetes"</p>	<p>FREE DIABETES ALERT NECKLACE Diabetes Research &amp; Wellness Foundation PO Box 96046 Washington, DC 20090-6046</p>
<p>Durable Medical Equipment/Diabetes Supplies</p>	<p>Matria (800) 928-8220 Excell Diabetic Supply (866) 392-3550 Direct Health Care Supply (888) 344-3434 Logi Medix (800) 821-0047</p>
<p>Insulin &amp; Other Medications</p>	<p>Eli Lilly &amp; Company, Medical Hotline (800) 545-5979 Eli Lilly &amp; Company, Indigent Patient Program (800) 545-6962 Novo Nordisk Pharmaceutical, Patient Services (800) 243-3378 Novo Nordisk, Indigent Patient Program (800) 727-6500</p>
<p>Mail Order Pharmacy/Supply Houses</p>	<p>American Medical Supplies (800) 434-3536 CCS Medical (800) 258-9559 Diabetic Care Services (800) 633-7167 Diabetic Express (800) 338-4656 Diabetic Promotions (800) 433-1477 Gem Diabetes Supply (800) 793-1995 Liberty Medical Supply (800) 762-8026 National Diabetic Pharmacies (800) 467-8546 Penny Saver Medical Supply (800) 748-1909 Preferred Rx (800) 843-7038 (no Medicare/Medicaid) Suncoast Pharmacy &amp; Surgical Supplies (800) 799-1991</p>
<p>Monitors &amp; Strips Manufacturers</p>	<p>Accu-Check Customer Care (800) 858-8072 Bayer Corporation (800) 348-8100 Chronimed/Supreme Medical (800) 444-5951 Home Diagnostics (800) 342-7226 Lifescan (800) 227-8862 Polymer Technology (800) 877-4449 Quest Star Medical (800) 525-6718</p>

<p>Syringe Manufacturers</p>	<p>Abbott Labs (800) 252-6782 Can-Am Care Corporation (800) 461-7448 Industrial Park, Box 98, Chazy, NY 12921-0098</p>
<p>Together Rx Access Card (800) 444-4106 <a href="http://www.TogetherRxAccess.com">www.TogetherRxAccess.com</a></p>	<p>Card is available to Americans with no coverage for prescription products. To be eligible, applicants must be: Under age 65 and otherwise not eligible for Medicare; Have no public or private prescription drug coverage; Have incomes of 300 percent FPL or below - \$30,000 for a single person and \$60,000 for a family of four (income eligibility adjusted for family size); Be a legal United States resident.</p>

## Services for People with Diabetes

### Caregiver Services/Emergency Shelters

Organization	Services Provided
<p>Adult Well Being Services 4750 Woodward, Suite 212 Detroit, MI 48201 (313) 883-3765</p>	<p>Services for older adults, caregivers, community groups, agencies in Detroit, Highland Park, Hamtramck and Wayne County. Seeks to help older adults maintain independence and maximize their quality of life.</p>
<p>Brightmoor Home Support Service 14451 Burt Rd. Detroit, MI 48223 (313) 531-5111</p>	<p>1 ½ hour of light housekeeping chore services. Donations.</p>
<p>CareGiver 2111 Woodward, Rm. 700 Detroit, MI 48201 (313) 964-5070</p>	<p>Provides comprehensive in-home services.</p>
<p>Emergency Shelters</p>	<p>Homeless Hotline 963-STAY COTS 831-3777 Detroit Rescue Mission Ministry (313) 993-4700 Door Step (women/children only) (313) 867-0111 Oasis (men only) (313) 868-1946 Salvation Army (313) 361-6136</p>
<p>Neighborhood Services Organization 220 Bagley, Suite 1200 Detroit, MI 48226 (313) 961-4890</p> <p><u>Community Health Services</u> (313) 579-0610</p> <p><u>Older Adult Services</u> (313) 961-7990</p> <p><u>24-Hour Walk-In Center</u> (313) 832-3100</p> <p><u>Life Choices</u> (313) 875-7601</p> <p><u>Emergency Telephone Service and Suicide Prevention Center</u></p>	<p>Provides for/coordinates delivery of human services to eligible residents throughout the city.</p> <p>Provides HIV/AIDS and substance abuse prevention and education services for at-risk adolescents. It also has a Youth Initiative Project, which provides youth advocacy training focused on violence and substance abuse prevention</p> <p>Provides services to individuals 60 years old and over and adult residents 18 years old and over with mental illness</p> <p>Provides a safe haven for homeless persons or those living a marginal existence. Food, clothing, rest, laundry facilities, showers, treatment and support services are available 24-hours a day, 7 days a week</p> <p>Life Choices advocates on behalf of persons with developmental disabilities, secures resources, and provides lifelong support services to enable these individuals to live as independently as possible</p> <p>Provides emergency telephone counseling and referral services to persons in crisis 24 hours a day, 7 days a week; they also have a Mobile Crisis team that provides treatment on-site for clients experiencing a suicidal crisis</p>

United Way Community Services of  
Metropolitan Detroit  
1212 Griswold Street  
Detroit, MI 48226  
(313) 226-9200  
Tel-Help: (800) 552-1183

United Way Community Services addresses current and emerging issues in metro Detroit by focusing on the following areas: Nurturing children and youth, strengthening families, empowering neighborhoods and communities, and promoting health and wellness.

## Services for People with Diabetes

### Services for Children with Diabetes

#### Medical Services-Clinics & Self-Management Education

Organization	Services Provided
Children's Hospital of Michigan 3901 Beaubien Blvd. Detroit, MI 48201	Endocrinology Dept.: (313) 745-5531 Also holds pediatric diabetes clinics throughout the state. Call (888) 324-6852 for location and dates.
Dbaza, Inc. 50001 Baum Boulevard, Suite 676 Pittsburgh, PA 15213 (412) 681-1180 www.dbaza.com	Interactive multimedia Diabetes Education for Kids CD-ROM for children with diabetes.
Henry Ford Hospital 2799 Grand Blvd. Detroit, MI 48202	Pediatric Endocrinology and Diabetes Dept. (CFP Rm. 244) (313) 916-8206
MI Child (888) 988-6300 or (888) 263-5897/TTY	Health insurance for monthly premium of \$5 for those who qualify. No co-pays/deductibles. Call for application.
St. John Hospital Professional Building 2 22101 Moross Rd., Ste 273 Detroit, MI 48236	Pediatric Specialties Office (313) 343-3481
University of MI Health System D 1205 1500 East Medical Center Dr. Ann Arbor, MI 48109-0718	Dept. of Pediatric Endocrinology (734) 764-5175
William Beaumont Hospital 3535 W. 13 Mile Rd. Ste 747 Royal Oak, MI 48073	Pediatric Endocrinology Clinic (248) 551-0487

## Services for People with Diabetes

Detroit Health Department

Providing all of the city of Detroit's underinsured/uninsured with the health care services that they need. Payments of fees are based on your ability to pay.

Transportation is available for pregnant women.

Location	Hours/Services Provided
Bruce Douglas Health Center 6550 West Warren Detroit, MI 48210 (313) 224-6784	<i>M, T, TH, F 8:00am-5:00pm; W 10:00am-7:30pm</i> Immunizations, Pediatrics, Adult Medical, Adolescent Health, Family Planning, Social Work, Nutrition, Pharmacy, Pregnancy Testing, OB/GYN, Dental, Public Health Nursing, Focus Hope Food Supplement Program, WIC
Chass Health Center 5635 W. Fort Detroit, MI 48209 (313) 849-3920	<i>M, W, TH, F 8:00am-5:00pm; T 8:00am-8:00pm</i> Immunizations, Pediatrics, Adult Medical, Adolescent Health, Family Planning, Social Work, Nutrition, Pharmacy, Pregnancy Testing, OB/GYN, Dental, Public Health Nursing, Medicaid screening, Focus Hope Food Supplement Program, WIC
Grace Ross Health Center 1485 Greenfield Detroit, MI 48227 (313) 852-4435	<i>8:00am-4:30pm M, T, TH, &amp; F; W 10:00am-6:30</i> Immunizations, Pediatrics, Adolescent Health, Family Planning, Nutrition, Pregnancy Testing, OB/GYN, Medicaid screening, Perinatology, Focus Hope Food Supplement Program, WIC
Herman Kiefer Family Health Center 1151 Taylor Detroit, MI 48202 (313) 876-4826	<i>M-F 8:00am-4:30pm</i> Immunizations, Pediatrics, Adult medical, Adolescent Health, Family Planning, Social Work, Nutrition, Pregnancy Testing, Dental, Focus Hope Food Supplement Program, WIC
Northeast Health Center 5400 E. 7 Mile Detroit, MI 48234 (313) 876-0280	<i>M-F 8:00am-4:30pm</i> Immunizations, Pediatrics, Adult Medical, Family Planning, Social Work, Pregnancy Testing, OB/GYN, Nutrition, Dental, Medicaid Screening, Focus Hope Food Supplement Program, WIC

**Services for People with Diabetes**  
Family Independence Agency

County	FIA Contact Information
Livingston County FIA	2300 E. Grand River, Suite 1 Howell, MI 48843 (517) 548-0200
Macomb County FIA*	19700 Hall Rd., Suite A Clinton Township, MI 48038-1478 (586) 412-6100
Monroe County FIA	1051 S. Telegraph Monroe, MI 48161 (734) 243-7200
Oakland County FIA*	Stoneridge East, Suite 200 2100 N. Woodward Avenue Bloomfield Hills, MI 48304-2263 (248) 975-4804
St. Clair County FIA	220 Fort Street Port Huron, MI 48060 (810) 966-2000
Washtenaw County FIA	22 Center Street Ypsilanti, MI 48198-9965 (734) 528-0925
Wayne County FIA*	1200 6 <sup>th</sup> Street Plaza South Tower, Suite 900 Detroit, MI 48226 (313) 396-0200

*\*Wayne County has 29 District Offices to meet the needs of clients in their communities. Other counties with district offices are Macomb (3) and Oakland (5).*

## Services for People with Diabetes

### Foot Care Services/Home Care Podiatrists

Contact Information	Area Served
American Amputee Foundation 3609 Araphao Trail Little Rock, Arkansas 72209 (501) 666-2523	National foundation Limited financial support on prosthetic equipment, wheelchairs. <i>Ability</i> magazine, self-help books, guides. Legal assistance, referrals and rehabilitation.
Prescription Footwear Association <i>Care of the Diabetic Foot</i> (800) 333-4067	Free booklet from P.W. Minor, comfort and therapeutic shoe manufacturer.
Timothy Baessler, DPM 3206 Orchard Lake Orchard Lake, MI 48324 (248) 706-3124	Metro Detroit area
Mary Barna, DPM 2900 S. Fort St. Detroit, MI (800) 381-6000	Metro Detroit area
Kenneth Mitchell, DPM 3800 Woodward, Ste. 812 Detroit, MI 48201 (313) 831-9269	Wayne & Oakland Counties
Randy Bernstein & Ken Poss Assoc., DPM 30931 7 Mile Rd. Livonia, MI (248) 478-1370 41431 W. 10 Mile Novi, MI 48375 (248) 349-5559  14500 W. McNichols Detroit, MI 48238 (313) 863-3338	Most of Detroit Metro area
Steven Binder, DPM 1473 Baldwin Pontiac, MI (248) 338-3668  455 Barclay Circle Dr. Ste. B Rochester, MI (248) 852-1447	Oakland County, 3 miles from each office

Contact Information	Area Served
Steven W. Bremer, DPM 41902 24 <sup>th</sup> Ave., Suite 104 Fort Gratiot, MI 48059 (810) 989-7711	North of Port Huron; St. Clair County – Check home visit areas within St. Clair county
Jeffrey Danto, DPM 4396 Dixie Hwy Waterford, MI (248) 674-4141  28457 5 Mile Rd. Livonia, MI (734) 261-4444	Wayne & Oakland Counties
William Dickieson, DPM Thomas Dickieson, DPM David Mansky, DPM 1213 Mason Dearborn, MI (313) 561-2446	West Dearborn, Dearborn Heights, Taylor, Westland
Jay Eichler, DPM 909 Dexter Milan, MI (734) 439-3350	Detroit, Milan, Ann Arbor, Dundee (call to check for other coverage areas)
Richard Goich, DPM 25630 Little Mack St. Clair Shores, MI 48081 (586) 774-1180	Much of Eastern Macomb County & Northeastern Wayne County (Harper Woods, Grosse Points)
Rondy D. Goines, DPM 3930 E. 8 Mile Rd. Detroit, MI (313) 368-1557	Most of Detroit Metro area
Gary E. Hosey, DPM 66144 Van Dyke Romeo, MI (586) 752-5770  3436 ½ S. River Rd. St. Clair, MI (810) 329-0800	Macomb, Oakland, St. Clair Most of Detroit Metro area
Gary S. Kaplan, DPM 14608 Gratiot Detroit, MI (313) 527-6030	East side of Detroit & nearby Northeast suburbs

Contact Information	Area Served
<p>Daniel Shanahan, DPM Gene Caicco, DPM 8081 Commerce Rd. Commerce Twp., MI (248) 360-3888</p> <p>3955 10 Mile Ste #307 Holly Hills Professional Village Novi, MI (810) 476-1500</p>	Novi, Farmington, Livonia, Plymouth, Union Lake, Commerce
<p>Jeffrey Klein, DPM Marie Delewsy, DPM 3711 Elizabeth Lake Rd. Waterford, MI (248) 681-6180</p> <p>25725 Coolidge Highway Oak Park, MI 48237 (248) 548-6717</p>	Most of Oakland County
<p>Harold M. Koehler, DPM 3047 E. Walton Blvd. Auburn Hills, MI (248) 377-0033</p>	North & most of Oakland & Macomb Counties
<p>Kenneth Lawrence, DPM Dennis Eder, DPM 24300 Orchard Lake Rd. Farmington Hills, MI (248) 476-1616</p>	Tri-County Area Offices in Detroit, Farmington Hills, Livonia & Redford
<p>Wm. Mike Bennett, DPM John Stevelinck, DPM 253 S. Gratiot Mt. Clemens, MI (586) 468-5445</p> <p>42550 Garfield Clinton Twp., MI (586) 263-4411</p> <p>20225 East Nine Mile Road St. Clair Shores, MI 48080 (586) 772-2025</p>	Much of Macomb County including SCS, Utica, Roseville, Mt. Clemens, New Baltimore

Contact Information	Area Served
<p>Michael Salter, DPM Stacey Schwartz, DPM 29255 Northwestern Hwy., Suite 101 Southfield, MI 48034 (248) 352-5920</p> <p>1050 W. University Drive Rochester, MI (248) 651-0653</p>	Oakland County
<p>Bruce Meyers, DPM 969 Oakwood Drive Rochester, MI (248) 651-4000 (248) 652-8050</p>	Rochester & Rochester Hills
<p>Robert G. Patrus, DPM 19011 E. 10 Mile Rd. Ste. B Roseville, MI 48066 (586) 775-1910</p>	St. Clair Shores, Eastpointe, Roseville, part of Warren (call to check specifically)
<p>James Pitlosh, DPM 803 10<sup>th</sup> Ave. Ste. A Port Huron, MI (810) 985-7996</p>	Much of St. Clair County
<p>Shay Rosenfeld, DPM 6815 Dixie, Suite 4 Clarkston, MI 48346 (248) 625-3100</p>	Clarkston & Northern Suburbs of Oakland County
<p>Bradley Seel, DPM 3768 Packard, Suite A Ann Arbor, MI 48108 (734) 975-1700</p>	Washtenaw County
<p>I. Steiner, DPM L. Richard, DPM 1221 Byron Howell, MI 48844 (517) 548-3100</p>	Brighton, Hartland, Howell, Fowlerville, Milford, Southfield (call to check coverage)
<p>Robert E. Barson, DPM 2349 Coolidge Berkley, MI 48072 (248) 399-1936</p> <p>2520 Telegraph, Suite 204 Bloomfield Hills, MI 48302 (248) 335-2400</p>	All of Oakland County

<b>Contact Information</b>	<b>Area Served</b>
<p>David T. Touchton, DPM 603 Griswald St. Port Huron, MI 48060 (810) 987-7444</p>	<p>St. Clair County &amp; portions of adjacent counties</p>
<p>Brian Homer, DPM 19250 Ecorse Allen Park, MI 48101 (313) 294-9700</p> <p>615 W. 14 Mile Road Clawson, MI 48017 (248) 288-8900</p>	<p>West Side of Detroit, Western Wayne County, Oakland County</p>
<p>Alexander Wowk, DPM 2330 Monroe Dearborn, MI 48124 (313) 278-6859</p>	<p>Wayne County</p>
<p>Sheila A. Wright, DPM 20905 Greenfield, Suite 600 Southfield, MI 48075 (248) 557-9222</p>	<p>Wayne, Oakland, Macomb (most of Tri-County area)</p>

## Services for People with Diabetes

### Insurance/Medicaid Assistance

Contact Information	Services Provided
<p>Children's Special Health Care Services Plan Division (517) 241-7186 8am-5pm weekdays Detroit Health Department (313) 876-0180 8am-4:30pm weekdays</p>	<p>Assists families in paying for treatment, equipment and other services related to a medically diagnosed condition that requires specialized medical care. The program covers medical conditions only such as cerebral palsy, hearing loss, sickle cell anemia or HIV infection.</p>
<p>MI Child (888) 988-6300 City of Detroit (313) 876-4711 8am-4:30pm</p>	<p>A comprehensive state health plan for children under 19. It also covers pregnant women of any age. Some income criteria.</p>
<p>Detroit Family &amp; Parenting Help Line (313) 961-2229 8am-4:30pm weekdays</p>	<p>Provides referrals to women with health insurance and prenatal care and agencies that provide other assistance to women and very young children.</p>
<p>Macomb County Senior Prescription Program 21885 Dunham Rd. Ste 6 Clinton Twp., MI 48036 (586) 469-6313 8:30am-5pm weekdays</p>	<p>Macomb county residents who are 60 and over can receive discounts on their prescriptions at local pharmacies.</p>
<p>Medicaid Livingston County Macomb County-Mt. Clemens Macomb County-Sterling Heights Monroe County</p>	<p>*Contact your local FIA to determine eligibility* (517) 548-0200 (586) 469-7700 8am-5pm weekdays (586) 254-1500 8am-5pm weekdays (734) 243-7200</p>
<p>Neighborhood Service Organization 220 Bagley, Suite 1200 Detroit, MI 48226 (313) 961-4890</p>	<p>Provides a problem center social service program for the neighborhood, assisting clients in enrolling in state welfare systems, food stamp programs and transportation.</p>
<p>Oakland County Senior Prescription Program (866) 731-7213</p>	<p>Open to Oakland County residents. Discounts of 15-40% available. 8:30am-5pm weekdays.</p>
<p>Wayne County Senior Discount Prescription Program (800) 777-1023</p>	<p>Discounts of 5-30% on prescriptions at CVS pharmacies only. 8am-9pm weekdays.</p>

## Services for People with Diabetes

### Medical Clinics

Name	Contact Information
Cabrini Clinic Mary Ellen Howard, RN, Director <a href="mailto:cabriniclinic@sbcglobal.net">cabriniclinic@sbcglobal.net</a> <a href="http://www.comnet.org/cabrini">www.comnet.org/cabrini</a>	1050 Porter Street Detroit, MI 48226-2405 (313) 961-7863 Fax: (313) 965-9891
CHASS Ricardo Guzman, Executive Director <a href="mailto:rguzman@chasscenter.org">rguzman@chasscenter.org</a>	5635 W. Fort Street Detroit, MI 48209 (313) 849-3920
Detroit Community Health Connection Mary Stephens Ferris, President/CEO <a href="mailto:ferrism@bchcquality.org">ferrism@bchcquality.org</a>	13901 East Jefferson Detroit, MI 48215 (313) 821-2591
Detroit Health Care for the Homeless Advantage Health Centers Jacqueline Flowers Majors, Executive Director <a href="mailto:jfmajors@advantagehealthcenters.org">jfmajors@advantagehealthcenters.org</a>	20548 Fenkell Detroit, MI 48223 (313) 255-3333
Downriver Community Services Gordon Weatherhead, CEO <a href="mailto:gweatherhead@mpca.net">gweatherhead@mpca.net</a>	555 St. Clair River Drive Algonac, MI 48001 (810) 794-4982
Family Medical Center of MI, Inc. Dave Brown, Executive Director <a href="mailto:dbrown@mpca.net">dbrown@mpca.net</a>	130 Medical Center Dr. Carleton, MI 48117 (734) 654-2169
First Presbyterian Church Health Clinic Jane Zwiers, RN, Executive Director <a href="mailto:jzwiers@fpchc.org">jzwiers@fpchc.org</a>	321 West South Street Kalamazoo, MI 49007 (616) 344-0044 Fax: (269) 344-0914
Mercy Place St. Joseph Mercy Oakland	55 Clinton St. Pontiac, MI 48342 (248) 333-0840
Oakland Primary Health Services, Inc. Joy Calloway, CEO <a href="mailto:jalloway@mpca.net">jalloway@mpca.net</a>	1701 Baldwin, Suite 101 Pontiac, MI 48340 (248) 322-6747
St. John's Health Systems Cynthia Taueg, VP of Community Health <a href="mailto:Cynthia.taueg@stjohn.org">Cynthia.taueg@stjohn.org</a>	2800 Dequindre Warren, MI 48092 (586) 753-0649

## Services for People with Diabetes

Michigan EPIC Program (formerly MEPPS)

The Michigan Elder Prescription Insurance Coverage program was implemented to assist the state's low-income seniors with the cost of their prescription drugs. EPIC replaced the Michigan Emergency Pharmaceutical Program for Seniors (MEPPS) and the Michigan Senior Prescription Drug Tax Credit program that provided limited assistance to seniors. For more information, please contact the EPIC Center in your county or visit [www.miepic.com](http://www.miepic.com)

County	EPIC Centers
Livingston County	Catholic Social Services Livingston County Catholic Services 2020 East Grand River, Suite 103 Howell, MI 48843 (517) 545-5944  Oakland/Livingston Human Services Agency 2300 East Grand River, Suite 107 Howell, MI (517) 546-8500
Macomb County	Macomb County Department of Senior Service 21885 Dunham Road, Suite 6 Verkuilen Building Clinton Township, MI (586) 469-6313
Monroe County	Monroe County Opportunity Program 1140 South Telegraph Monroe, MI (734) 241-2776
Oakland County	Community Services of Oakland 345 East Nine Mile Ferndale, MI 48220-1719 (248) 542-5860  Farmington Hills Senior Center 28600 Eleven Mile Road Farmington Hills, MI 48336-1501 (248) 473-1827  Oakland Livingston Human Services 196 Cesar E. Chavez/ PO Box 430598 Pontiac, MI 48343-0598 (248) 209-2671

<p>Oakland County – Cont'd.</p>	<p>Older Persons Commission 312 Woodward Avenue Rochester, MI (248) 608-0260</p> <p>Royal Oak Senior Community Center 3500 Marais Royal Oak, MI 48073 (248) 246-3900</p> <p>Visiting Nurse Association of Southeast Michigan 25900 Greenfield Rd., Suite 600 Oak Park, MI 48237 (248) 967-1440</p> <p>Visiting Nurses Association 20755 Greenfield Southfield, MI 48075 (248) 559-6440</p> <p>Waterford Senior Center 6455 Harper Waterford, MI (248) 623-6500</p>
<p>Washtenaw County</p>	<p>Neighborhood Senior Services 5361 McAuley Drive, Senior Health Building P.O. Box 995 Ann Arbor, MI (734) 712-7775</p>
<p>Wayne County</p>	<p>Berwyn Senior Center 26155 Richardson Dearborn Heights, MI 48127 (313) 277-7054</p> <p>Bridging Communities Bridging Communities 9200 West Vernco Detroit, MI (313) 554-1228</p> <p>Brownstown Twp. Senior Center 21311 Telegraph Brownstown, MI 48183 (734) 675-0920</p> <p>Calvary Senior Center 4950 Gateshead Detroit, MI 48236 (313) 881-3374</p>

Wayne County – Cont'd.	<p>City of Livonia - Civic Park Senior Center 15218 Farmington Rd. Livonia, MI 48154 (734) 466-2088</p> <p>Community Center Summit on the Park Canton Township 46000 Summit Parkway Canton, MI 48188-1699 (734) 394-5485</p> <p>Dearborn Senior Center Heigra- Michelle Kazimerski form Higura Programs Inc 13615 Michigan Avenue Dearborn, MI 48126 (313) 943-2390</p> <p>Delray United Action Council 7914 W. Jefferson Detroit, MI 48209 (313) 842-8620</p> <p>Detroit Health Department Herman Kiefer Health Center Room 151A 1151 Taylor Detroit, MI 48202 (313) 876-0537</p> <p>Detroit Rec Center: Adult Day Care Center 16630 Lahser Detroit, MI 48219 (313) 538-1934</p> <p>Eton Senior Center 4900 Pardee Dearborn Heights, MI 48127 (313) 277-7765</p> <p>Evans Center 13950 Joseph Compau Detroit, MI 48212 (313) 852-4282</p> <p>Focus HOPE 1300 Oakman Blvd. Detroit, MI 48238 (313) 494-4442</p> <p>Ford Senior Center 6750 Troy Taylor, MI 48180 (313) 291-7740</p>
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Wayne County – Cont'd.	<p>Franklin-Wright Settlements, Inc 3360 Charlevoix Avenue Detroit, MI 48207 (313) 579-1000</p> <p>Henry Ford Hospital Social Work &amp; Discharge Planning 2799 W. Grand Blvd. Detroit, MI 48202 (313) 916-1728</p> <p>Inkster Senior Services Inkster Senior Services 2000 Inkster Road Inkster, MI 48141 (313) 561-2382</p> <p>Joseph Walker Williams Community Center Virginia Park Community Services 8431 Rosa Parks Blvd. Detroit, MI 48206 (313) 894-2830</p> <p>LASED Senior Citizens Center 7150 West Vernor Detroit, MI 48209 (313) 841-8840</p> <p>Linclon Park Senior Center 3250 Ferris Lincoln Park, MI 48146 (313) 386-3102</p> <p>North American Indian Association 22720 Plymouth Detroit, MI 48239 (313) 535-2966</p> <p>Northville Area Senior Center 215 W Cady Northville, MI 48167 (248) 349-4140</p> <p>NW YWCA 25940 Grand River Redford , MI (313) 537-8500</p> <p>Plymouth Township Hall - Building #3 42350 Ann Arbor Road Plymouth, MI 48170 (734) 453-3840</p>
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Wayne County – Cont'd.	<p>Senior Resources Center/ Friendship Center  Friendship Center  1119 North Newburgh  Westland, MI 48185  (734) 467-3259</p> <p>September Days Senior Center  46425 Tyler Road  Belleville, MI 48111  (734) 699-8918</p> <p>Services for Older Citizens  17150 Waterloo, Suit 300  Grosse Pointe, MI 48230  (313) 882-9600</p> <p>St. Patrick's Senior Center  58 Parsons Avenue  Detroit, MI  (313) 831-2520</p> <p>St. Rose Senior Citizens Center  5555 Conner Suite 1052  Detroit, MI  (313) 921-9277</p> <p>The Information Center  15100 Northline Road  Suite 110  Southgate, MI  (734) 282-7171</p> <p>The Senior Alliance, Inc.  3850 Second Street, Suite 130  Suite 201  Wayne, MI 48184  (734) 727-2061</p> <p>United Home Health Services  2200 Canton Center Road  Suite 250  Canton, MI 48187  (734) 981-8820</p> <p>Wayne Metro Community Svcs Agency  3715 West Jefferson  Ecorse, MI 48229  (313) 843-2550</p>
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## Services for People with Diabetes

### Nutrition/Weight Loss Information

Contact Information	Programs Offered
American Dietetic Association (800) 366-1655	Consumer Information Hotline
Cardiovascular Health Coalition Program (313) 876-4620	Honor Roll of Heart Health Restaurants Adopt A School The Get Active Detroit Fitness Council
Care Meals, Inc. (810) 626-1000	Deliver nutritious and regular, low sodium or low fat meals to your clients daily for a low cost per meal. Minimum 2 meals per delivery.
City of Detroit Health Department (313) 876-4000	Nutritional counseling for diabetes patients, with a diet prescription. Detroit residents. Free services include heart health screening, nutrition education, exercise class, smoking cessation, health by the block
McPherson Hospital (517) 545-6339	A registered dietician is available to assist with meal planning.
St. John Health Weight Loss/Smoking Cessation	(800) 848-2822
TOPS (800) 932-8677	Weight loss program – Take Off Pounds Sensibly
Washtenaw County Community Services 555 Towner, Ypsilanti, MI (734) 484-6610  Public Health (734) 484-7200  St. Vincent De Paul Society (734) 761-1400  Ann Arbor Thrift Shop (734) 662-6771	Food Distribution Foster Grandparent Program Senior Nutrition Program Home Repair & Furnace Repair Services Emergency Food Program Temporary Emergency Food
Weight Watchers (800) 487-4777	Weight loss program

## Services for People with Diabetes

### Physicians-House Calls

Contact Information	Programs Offered
<p>Home Care of MI/Oakwood Home Medical            1633 Fairlane Circle, #200            Allen Park, MI 48101            (800) 752-2273            Fax: (313) 271-0276            Kathleen Pruneau-Hill, RN, MSA,            CDE, Program Manager</p>	<p>Home delivery of blood-glucose monitors/supplies; individual training/follow-up phone call made by Diabetes Educator;            Eligibility: Medicare, Medicaid, BC/BS, other Managed Care plans            Diabetes Services Program: training, follow up, assessment and education; member of participating Managed Care Organization contracted with Home Care of MI</p>
<p>Visiting Physicians Association            24681 Northwestern Highway            Southfield, MI 48075            (248) 352-2000</p>	<p>Accepts payment from Medicare, Medicaid, BCBS and many other insurances. Provides many services in the home, including patient assessments/management; lab services, diagnostics (EKG, Echocardiogram, PFT, Holter Monitor, Ultrasound, X-Ray, Pulse Oximetry); injections; vaccinations, TB skin tests; urinalysis; minor surgery and wound care.</p>

## Services for People with Diabetes

### Public Health Departments

Local Health Departments provide free or low cost health and social services to residents of their areas. These services include well-child clinics, prenatal care, breast and cervical cancer screenings, immunizations, vision/hearing screenings, family planning and other health related programs. Services and eligibility may vary.

Location	Contact Information
City of Detroit Health Department	CHASS Center (313) 849-3920 Grace Ross Center (313) 935-3240 Herman Keifer (313) 876-4007 Northeast Health Center (313) 876-0280
Dearborn Health Department	(313) 943-2090
Livingston County Health Department	(517) 546-9850 8a-5p weekdays
Macomb County Health Department	(810) 469-5235 Call for hours
Monroe County Health Department	(734) 240-7800
Oakland County Health Department	Southfield (248) 424-7000 Pontiac (248) 858-1280 Walled Lake (248) 926-3300 Monday 12p-7p; Tues-Fri 8:30am-4:00pm
St. Clair County Health Department	(810) 987-9396 8am-4:30pm; Call for additional hours Southwest Health Center, St. Clair Shores (586) 466-6800 Call for hours
Washtenaw County Health Department	(734) 484-7200
Wayne County Health Department	(734) 727-7000

## Services for People with Diabetes

### Publications

Organization	Publications Offered
American Diabetes Association 1660 Duke Street Alexandria, VA 33214 (800) 232-3472 or local affiliate-check white pages	Monthly membership magazine, <i>Diabetes Forecast</i> Offers free pamphlets, some in Spanish Books for sale including <i>101 Tips to Improving Your Blood Sugar</i> ; <i>The Fitness Book for People with Diabetes</i> ; <i>The Take Charge Guide to Type I Diabetes</i> .

**Services for People with Diabetes**  
Sexual Concern/Erectile Dysfunction

Location	Information
Henry Ford - Bi County Community Hospital 13355 East Ten Mile Rd (810) 759-7545	This group helps men and couples to deal with the problems of impotency and the possible solutions. Meets the 3 <sup>rd</sup> Wednesday of every month.
Bostford General Hospital 39750 Grand River Ave. (248) 477-6100	Free

## Services for People with Diabetes

### Smoking Cessation Services

Organization	Contact Information
American Lung Association	(517) 484-4541
Oakland County Health Education Department Community Health Promotion and Intervention Services	(248) 424-7172
Providence Hospital Community Health Education	Program: (888) 757-5463 Smoker's Help Line: (800) 537-5666 – Call for a free "Smoker's Quit Kit"
St. John Health Weight Reduction/Smoking Cessation	(800) 848-2822

## Services for People with Diabetes

### Transportation

Organization	Service Area/Services Available
Brightmoor Community Center 14451 Burt Road, Detroit, MI (313) 531-0305 Mary A. Koch	Northwest Detroit, Detroit City Limits 60 years+, must live in the service area 1 Day advance notice Free
Community Resources Eastside Center 12534 Kelly Road, Detroit, MI (313) 839-0769	East side of Detroit 60 years+, meet State/Fed guidelines, live in service area 3 Days+ advance notice Free, \$1 each way donation appreciated
Council of Action United for Service Efforts (CAUSE) 1712 West Grand Blvd., Detroit, MI (313) 897-6500 Lula Chatman	Detroit 60 years+, disabled of any age 1 day advance notice Donation: \$2
Delray United Action Council 7914 W. Jefferson Ave., Detroit, MI (313) 842-8620 Mattie Hill	I-75 on the north; Grand Blvd on the east; Medina on the South & Rouge River Bridge on the west Handicapped, income below poverty level, 55 years+ 1 day advance notice \$2 donation requested
Department of Human Services 14631 W. McNichols, Detroit, MI (313) 852-4786	Provides 3 rides/month, within city limits
City of Detroit Neighborhood Services Department 220 Bagley, Suite 1200 Detroit, MI 48226 (313) 961-4890	City of Detroit Client must meet 125% of Federal poverty income; if disabled, individual must be ambulatory or have collapsible walker 1 day or less notices Free
Detroit Area Agency on Aging 1333 Brewery Park Blvd. Detroit, MI 48207 (313) 446-4444	Detroit, Harper Woods, Highland Park, Hamtramck, Gross Pointes 60 years+ 1 day advance notice Free
Detroit Dept. of Transportation 723 Rose Parks Blvd. Detroit, MI 48216 (313) 965-6350	Detroit city limits, Fairlane Town Center, Eastland, Northland, Wonderland, Livonia, shopping malls, Highland Park, Hamtramck, limited service to suburban communities 1 day advance notice General Population: \$1.25/ride, \$.25/transfer Seniors w/ID \$.25/ride; \$.10/transfer Disabled: half fare for ride; \$.10/transfer
Emergency Service Ambulance American: (313) 863-2000 American Medical Response: (248) 548-6066	

Organization	Service Area/Services Available
HEMID (Helping Elderly Maintain Independence)	Detroit & nearby suburbs 65 years+ 3 days or more advance notice Donation requested to HEMID
Response Transportation, Inc. 9601 St. Mary, Detroit, MI (313) 838-0046	All trips less than 10 miles round trip in Detroit: \$10 Trips over 10 miles: \$15 Group trips: \$10 round trip per person Wheelchair trips: \$20 round trip FIA Medical Transportation Statement: free Seniors 62+ years round trip: \$10
Smart Community Transit 600 Woodward Avenue, Suite 900 Detroit, MI (866) 962-5515 Diane McGill	Wayne, Oakland, Macomb Counties Priority to elderly/physically challenged persons, services available to general public 1 day advance notice, priority given to medical trips Base fare: \$2, Seniors/Disabled \$1
T.O.S.S. 24400 Civic Center, Southfield, MI (248) 356-1500	Transportation of Southfield Seniors, Lathrup Village Area M-F 9am-3pm. Minimum donation required \$5 roundtrip to Southfield Medical Buildings; \$5 round trip to William-Beaumont-Royal Oak locations.
Travelers Aid Society (313) 962-6740	Transportation for doctor appointments, job interviews

## Services for People with Diabetes

### Services for the Visually Impaired

Service/Contact Info	Services Provided
<p style="text-align: center;">American Academy of Ophthalmology P.O. Box 7424 San Francisco, CA 94109-1336 (415) 561-8500</p>	<p>Request information on programs to support low-income people needing eye exams and treatment.</p>
<p style="text-align: center;">American Diabetes Association D.I.A.L. (Diabetes Information and Action Line) 30600 Telegraph Road, Ste. 2255 Bingham Farms, MI 48025 (800) 342-2383</p>	<p>Provides easy access to information about diabetes including publications, education programs, support groups, speakers' bureau, camping and other youth services, public awareness programs, professional education programs, referral to medical and community resources, and advocacy.</p>
<p style="text-align: center;">American Foundation for the Blind 15 West 16<sup>th</sup> Street New York, NY 10011 (800) 232-5463</p>	<p>Catalogues of consumer products, publications in large print and Braille, videos, toys. The Blind Diabetic Division can send you a list of special equipment such as a blood glucose monitor with sound output, books, and videos.</p>
<p style="text-align: center;">Beckton Dickinson Consumer Products 1 Becton Drive Franklin Lakes, NJ 07417-1883 (800) 237-4554</p>	<p>Syringe magnifier and needle guide</p>
<p style="text-align: center;">Benevolent and Protective Order of Elks (BPOE)—look in white pages for local chapter</p>	<p>The Elks run hospitals specializing in eye disease. Ask your doctor to apply for assistance on your behalf through your local chapter.</p>
<p style="text-align: center;">Library Services Downtown Detroit: (313) 833-5494 Wayne: (734) 727-7300 Macomb: (586) 286-1580 Oakland: (248) 858-5050 Detroit Radio Info: (313) 577-4146</p>	<p>Provide books and periodicals on tape/CD for persons who have trouble reading due to legal blindness, visual handicap, physical handicap, or reading disability. Must complete application. Newspaper read, broadcast received by special receiver. Annual donation of \$50. Service is FREE if you cannot pay.</p>
<p style="text-align: center;">L S &amp; S Group PO Box 673 Northbrook, IL 60065 (847) 498-9777</p>	<p>Specializes in products for visually impaired including CCTVs, computers and accessories, magnifiers, tape recorders, health and diabetic aids.</p>

Service/Contact Info	Services Provided
<p>Lighthouse, Inc. 111 E. 59<sup>th</sup> Street New York, New York 10022-1202 (212) 821-9200 or (800) 829-0500</p>	<p>Source for diabetic and health aids, low vision aids, talking products, personal care products, etc. Products for the visually impaired. Catalogs are available in audio and Braille.</p>
<p>Lions Club International</p>	<p>Local chapters run variety of programs to prevent/treat eye disease. Call your local group.</p>
<p>Low Vision Associates, Inc. 31350 Telegraph Bingham Farms, MI 48025 (248) 593-3670</p>	<p>Aids for the partially-sighted</p>
<p>Low Vision Solutions 27520 W. 7 Mile Road Livonia, MI 48152 (877) 277-1127</p>	<p>CCTVs, magnifiers, writing/kitchen aids, large print, talking, household and personal care products.</p>
<p>Martha Gorey Resources Center 15415 E. Jefferson Grosse Pointe Park, MI 48230 (313) 824-4710</p>	<p>Center where low vision aids, writing aids, reading lights, and cooking aids are sold.</p>
<p>Maxi Aids, Inc. Karen Arendall, OT PO Box 3209 Farmingdale, NY 11735 (800) 522-6294</p>	<p>Kitchen/cooking aids, talking timepieces, reading/writing aids, mobility canes, health/diabetic products, tinted glasses and games.</p>
<p>Medicare</p>	<p>If doctors "participate" or "accept assignment" in Medicare this means you will only be charged 20% of Medicare's approved fee plus any deductible that hasn't been met for the year. If you have supplemental insurance then that insurance should pay the 20% of the fee.</p>
<p>Michigan Commission for the Blind 201 N. Washington Lansing, MI 48909 Main: (517) 373-2062</p> <p>Toll Free: Upper Peninsula: (800) 323-2535 Lower Peninsula: (800) 292-4200</p>	<p>Rehabilitation agency that can provide legally/totally blind with employment assistance, or skill assistance for future employment. For the elderly, they can provide home teachers for daily living skills. They can also provide talking glucometers for those who have no other means of getting one.</p>
<p>Michigan Department of Social Services</p>	<p>Medicaid covers visits to ophthalmologists for diagnosis and treatment of diseases of the eyes for persons w/ diabetes. Coverage for classes is every 2 years only. You must make it clear to the ophthalmologist that your appointment is to detect eye disease.</p>

Service/Contact Info	Services Provided
Michigan Eyes On Diabetes 3044 W. Grand Blvd., Suite 1-253 Detroit, MI 48202 (313) 872-6011	A community collaborative designed to promote dilated eye exams for those with diabetes. Serves as a referral source.
National Eye Institute Building 31, Room 6A32 Bethesda, MD 20892 (301) 496-5248	Free brochures on eye diseases, including diabetic retinopathy, cataracts, and macular degeneration.
Eye Care America American Academy of Ophthalmologist (800) 222-EYES	Program for persons over the age of 65 who are not under the care of an ophthalmologist and have not seen one for 3 years. Call the 800 number to find a participant near you. If you are eligible there will be no charge for the eye exams. It does not cover glasses prescription or hospital services.
National Federation of the Blind 1800 Johnson Street Baltimore, MD 21230	"Voice of the Diabetic"; provides information regarding diabetes management while living with a visual impairment. Available in print or on cassette.
National Library Services	(800) 222-EYES
Ophthalmologists	To locate an ophthalmologist in your area, call the physician referral line of your local hospital or call The Michigan Optometric Association at (517)482-0616
Optometrists	To locate an optometrist certified to do dilated eye exams in your area, call The Michigan Optometric Association at (517) 482-0616
Resources for Rehabilitation 33 Bedford Street, Suite 19A Lexington, MA 02713 (781) 862-6455	Books and publications: <i>Living with Low Vision: A Resource Guide for People with Sight Loss, 1993.</i> \$35.00. Comprehensive catalogue of disability-related books.
Science Products Box 888 Southeastern, PA 19399 (800) 888-7400	DV-1 Digi Voice for One Touch II
TFI Engineering 529 Main Street Boston, MA 02129 (800) 843-6962	Drop blood collection dropper, and the Voice Touch both for the One Touch II
University of Michigan Diabetes Research and Training Center Call Gayle Fox @ (800) 529-5345	MDRTC free eye exams (screening for diabetes eye disease) are scheduled at nine sites through out Southeastern Michigan this year, targeting African Americans. Call for more information.

Service/Contact Info	Services Provided
Greater Detroit Agency For The Blind and Visually Impaired 16625 Grand River Detroit, MI 48227	Senior citizen and pre-school rehab teaching in the home. Home of 4-Sights Network, a national telecommunications network.
Vision U.S.A. (800) 766-4466 from 7am-9pm in January only 243 N. Lindberg Blvd. St. Louis, MO 63141	Volunteer optometrists donate free eye exams for people who have at least 1 person in the household that is employed but have no private or government health insurance, and have income below an established level based on household size and have had no eye exam within 24 months.
Visually Handicapped Services 2G DRH 4201 St. Antoine Detroit, MI 48201 (313) 745-4510	Rehab/homemaker program for legally blind adults. Mobility, occupational therapy, Braille, and communications skills taught. FREE canes to legally blind persons.
The Visually Impaired Info Center, Inc. P.O. Box 51207 Livonia, MI 48151-5207 (734) 421-6599	Call for more information